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**Title of the thesis:** Psychological Problems in Relation to Marital and Employment Status and Violence Against Women.

## **FINDINGS**

Present Study was conducted to investigate the difference in the different psychological problems like Depression, Anxiety, PTSD and Dissociative disorders among married and unmarried women and also among working and non-working women and further the relation of different psychological problems with different kinds of violence against women was also studied. Present investigation has used explanatory sequential mixed method design which included both quantitative and qualitative studies. It was concluded from the results of the quantitative study married women are more prone to dissociative disorders, this could be because of the new environment and maladjustment with in-laws and these stressful life events may be contributing to the high occurrence of dissociation in married women, (Pathapati et al., 2014). Furthermore, present study also revealed that married and unmarried women showed non-significant difference on Depression, Anxiety and PTSD. It can be concluded that married and unmarried women are equally prone to some common disorders.

Further it was revealed from the results that working and non-working women did not show any significant difference on any of the disorder. i.e., Depression, Anxiety, PTSD, Dissociation. They have shown a similar level of issues. Personality characteristics, situational and cultural factors and traumatic events plays an important role in developing aforementioned

disorders, it can be seen from the results that development of psychological problem is independent of employment status of women.

Further, on comparing the married and unmarried women on different kinds of violence against women it was revealed that married women have experienced more sexual violence as compare to unmarried women. Marriage at early age, patriarchy, lack of autonomy, economic dependence on husbands, are some of the factors that could increase the chances of the violence against them. Further It was also highlighted that working women have experienced more sexual violence as compare to non-working women.

Further the relation of psychological problems i.e., Depression, Anxiety, PTSD, and dissociation and different kinds of violence i.e., physical violence, sexual violence, emotional violence and stalking was observed, and it was found that violence against women is highly correlated with psychological problems. Violence is one of the major reasons for the development of psychological problems among women.

Qualitative findings of the study revealed four main themes i.e., (1) **Violence faced by women:** Some common types of violence were found to be experienced by both married and unmarried women, these are sexual violence in the form of **eve teasing, emotional abuse**, in the form of taunts, name calling, criticism and **stalking** was also reported by mainly the unmarried participants in the form of being followed, blank calls, false messages. (2) **Negative impact of violence:** Participants have reported Depression, Anxiety and Stress after being subjected to violence. (3) **Positive Impact of violence:** Experiencing violence has also made some women bold and stronger to face the adverse situation in future (4)  **coping strategies:** Some coping strategies to overcome the stress produced by the violent situation were also revealed. They were, staying silent, move away from the situation, crying the heart out, and sharing the experiences with some closed ones