

## Department of Tourism and Hospitality Management

## Jamia Millia Islamia, New Delhi

Celebrates

## INTERNATIONAL YEAR OF MILLETS 'Workshop on Millets Based Recipes'

(January 31, 2023)

As per the directives of the **Ministry of Education**, to mark the celebrations of the International Year of Millets, the **Department of Tourism and Hospitality Management (DTHM)**, **Faculty of Management Studies**, **Jamia Millia Islamia**, **New Delhi** organised a workshop on "**Millets-Based Recipes**" for Students, Faculty, and Staff on January 31, 2023, from 11 AM onwards. The United Nations designated 2023 as the International Year of Millets to raise the awareness of millets and increase their production and consumption. It is a widespread movement of environmentally



conscious lifestyles that encourages the sustainable, thoughtful, and purposeful use of millets.

The program commenced with the welcome address of *Dr. Sarah Hussain*, Head of the **Department** in which she expressed her delight to host such an enlightening workshop and formally introduced the programme. She informed that India is proud to be leading the way in promoting millets as its consumption provides more nutrition, healthier lifestyle, and farmer welfare. Further, *Prof. Amirul Hasan Ansari*, Dean, Faculty of Management Studies, JMI in his address motivated the students and appreciated the efforts of the Department in raising awareness on health, nutrition and public welfare.

*Prof. Nimit Choudhary*, **Professor of the Department** also addressed the audience and expressed his gratitude to the students' and colleagues' honest efforts in making this event a success. *Chef Gaurav*, **Bakery Chef**, **Oberoi, Gurugram**, **Haryana** along with *Chef Siddharth* of Department guided and supervised the preparations.

During the workshop, detailed recorded videos, live discussion of the various delectable millet based tiffin recipes of Ragi



Dhokla, Millet Cookie, Millet Bread, Kandi Kulcha, Nachni Kulcha, Bajra Til Cookies, and Barnyard Millet Cutlet was done by the presenters – *Chef Gaurav*, Bakery Chef, Oberoi, Gurugram, DTHM students Namour Iqbal, Amanullah Khan, Sidra Sartaj and Lubna Sharif. The delicacies were prepared by using millets as the base ingredient. A booklet of the recipes presented was also distributed for the attendees.





