

CENTRE FOR PHYSIOTHERAPY AND REHABILITATION SCIENCES

JAMIA MILLIA ISLAMIA



ARE YOU SUFFERING FROM KNEE JOINT PAIN?

CPRS JMI IS CODUCTING A RESEARCH STUDY LEADING TO PhD DEGREE ON PATIENTS SUFFERING FROM OSTEOARTHRITIS KNEE. THE SUBJECTS WILL GET FREE PHYSIOTHERAPY TREATMENT FOR 3 MONTHS IF FOUND ELIGIBLE FOR THE STUDY.

YOU MAY BE ELIGIBLE IF YOU:

- *ARE AGED ≥ 45 YEARS WITH KNEE JOINT PAIN*
- *ARE A DIAGANOSSED CASE OF OSTEOARTHRITIS KNEE*
- *EXPERIENCE PAIN ON LONG STANDING, WALKING, STAIRCLIMBING*

IF ELIGIBLE YOU WILL BE PARTICIPATING IN A 12 WEEK EXCLUSIVE EXERCISE PROGRAMME. NO INVASIVE TESTS WILL BE PERFORMED ON THE SUBJECTS.

FOR MORE INFORMATION AND TO SEE YOU QUALIFY, CONTACT THE PRINCIPAL INVESTIGATOR:

Dr S. Aadil RASHID (PT)

PROF. EJAZ HUSSAIN

9289793198

SUPERVISOR

EMAIL: saadilrashid@gmail.com