

AT A GLANCE

(CURRICULUM VITAE)

Name	:	ARIF MOHAMMAD, Ph.D.
Designation	:	Assistant Professor in Physical Education
Institution	:	Department of Teacher Training & Non-Formal Education (Institute of Advance Studies in Education) Jamia Millia Islamia, New Delhi-110025
Date of Birth	:	March 17 th , 1986
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1. Education	:	(Details on Page 1)
i. Computer Courses	:	(Details on Page 1)
2a. Academic Achievements	:	(Details on Page 2)
2b. Scholarships	:	(Details on Page 2)
3. Work Experience	:	(Details on Page 2)
4. Research Experience	:	(Details on Page 2)
5. Supervision	:	(Details on Page 2)
6. Publications	:	19 + 05 + 10 = 34
i. In International Journals	:	19 (Details on Page 3)
ii. In National Journals	:	05 (Details on Page 4)
iii. In Proceedings of Conferences/Seminars	:	06 + 04 = 10
a. International	:	06 (Details on Page 4)
b. National	:	04 (Details on Page 4 & 5)
7. Presentations in Seminars/Conferences	:	09 + 11 = 20
i. In International	:	09 (Details on Page 5 & 6)
ii. In National	:	11 (Details on Page 6)
8. Workshop Participations	:	01 + 05 = 06
i. In International	:	01 (Details on Page 7)
ii. In National	:	05 (Details on Page 7)
9. Resource Person/Chairperson/Co-Chairperson in Seminars/Workshops:	:	02 (Details on Page 7)
10. Membership of Professional Bodies	:	(Details on Page 7)
11. Sports Achievements	:	(Details on Page 7 & 8)
i. Coaching Camps	:	(Details on Page 8)
ii. Officiating	:	(Details on Page 8 & 9)
12. Extra Curricular Activities	:	(Details on Page 9)
13. References	:	(Details on Page 9 & 10)

Arif Mohammad, Ph.D.

CURRICULUM VITAE

Arif Mohammad, Ph.D.

Assistant Professor in Physical Education

Department of Teacher Training & Non-Formal Education (IASE)

Jamia Millia Islamia, New Delhi-110025.

Education

<u>Degree/Certificate</u>	<u>Major</u>	<u>Institution/Board/Body</u>	<u>Graduated</u>
Ph.D.	Physical Education	Aligarh Muslim University, Aligarh, U.P., India.	2013
U.G.C.-NET+J.R.F.	Physical Education	University Grants Commission, New Delhi, India.	December 2009
M.P.Ed.	Physical Education	Lucknow Christian College, University of Lucknow, Lucknow, U.P., India.	2009
B.P.Ed.	Physical Education	Lucknow Christian College, University of Lucknow, Lucknow, U.P., India.	2007
Certificate in Yoga	Yoga	Lucknow of University, Lucknow, U.P., India.	April-June 2008
B.Com.	Commerce	Amirudduala Islamia Degree College, University of Lucknow, Lucknow, U.P., India.	2006
12th	Commerce	Amirudduala Islamia Inter College, Lucknow, U.P., India.	2003
10th	Commerce	Amirudduala Islamia Inter College, Lucknow, U.P., India.	2001
10th	Additional Punjabi	Punjab School Education Board, Mohali, Punjab.	2014

Computer Courses

<u>Course</u>	<u>Course Duration</u>	<u>Institution</u>
Advance Diploma in Computer Application (ADCA)	1 Year	RAC Institute Sapru Marg, Lucknow, U.P., India.
Diploma in Computer Application (DCA)	3 Months	AION Institute Hazratgang, Lucknow, U.P., India.
Certificate in Computerized Accountancy (Tally 5.4)	1 Month	AION Institute Hazratgang, Lucknow, U.P., India.

Academic Achievements

1. Awarded with “Best Paper Presenter” in the Global Scientific Conference on Physical Education, Health & Sports Science, Org. by Department of Physical Education (Teaching), Guru Nanak Dev University, Amritsar, Punjab, India, on January 24th to 26th, 2014.
2. Qualified UGC NET+JRF Examination in December 2009.
3. Silver Medalist in B.P.Ed.
4. Silver Medalist in M.P.Ed.
5. Gold Medalist in Certificate in Yoga.

Scholarships

1. Awarded with University Grants Commission NET+SRF in April 09, 2012.
2. Awarded with University Grants Commission NET+JRF in April 09, 2010.
3. Selected for Award of the Fellowship for the year 2009-10 under the scheme of Maulana Azad National Fellowship for Minority Students during Financial Year 2010-11, University Grants Commission, New Delhi.

Work Experience

1. Currently working as **Assistant Professor in Physical Education** at Department of Teacher Training & Non-Formal Education (IASE), Jamia Millia Islamia, New Delhi-110025
2. Worked as **Assistant Professor in Physical Education** at S.K.R. College of Physical Education, Bhagoo Majra, Kharar, Mohali, Punjab from September 19th 2013 to March 24th, 2014.
3. Worked as **Assistant Professor in Physical Education** at Akal College of Physical Education, Mastuana Sahib, Sangrur, Punjab from December 11, 2012 to September 17, 2013.
4. Worked as **Visiting Faculty** at Food Craft Institute, AMU, Aligarh from August 09, 2011 to December 09, 2012.

Research Experience

1. Worked on a dissertation entitled as “Analysis of the attitude of college students towards physical education and sports” at M.P.Ed degree examination.
2. Worked as a **Project Fellow** for a period of six months (September 01st, 2009 to March 01st, 2010) Under U.G.C.-S.A.P. (D.R.S.-I) Programme, Department of Physical Health & Sports Education, Aligarh Muslim University, Aligarh, U.P., India.

Supervision

1. Supervised M.P.Ed. Dissertation entitle as “A comparative study of physical fitness between post graduate and under graduate physical education students” to **Mr. Sandeep Kumar** at S.K.R. College of Physical Education, Bhagoo Majra, Kharar, Mohali, Punjab, for the session 2013-2014.
2. Supervised M.P.Ed. Dissertation entitle as “Effect of Selected Weight Training Exercises on the Development of Arm and Leg Strength of Wrestlers” to **Mr. Anmol Kumar** at S.K.R. College of Physical Education, Bhagoo Majra, Kharar, Mohali, Punjab, for the session 2013-2014.
3. Supervised P.G. Diploma in Dietetics and Hospital Food Services Dissertation entitle as “A case study of osteoporosis in Aligarh” to **Ms. Harshika Upadhyay** at FCI Aligarh, for the session 2011-2012.

International Journals:-

1. "Videographical analysis of arm swing on spike jump performance of two different functional classes' volleyball players". *European Academic Research*, 1 (6), 1035-1047, 2013. [Impact Factor: 0.485], [Online Journal]
2. "Anthropometric profile of school children belonging to different regions of Himachal Pradesh". *European Academic Research*, 1 (4), 396-401, 2013. [Impact Factor: 0.485], [Online Journal]
3. "Mental health between male physical education and non-physical education students: A comparative study". *Academic Sports Scholar*, 2 (3), 2013. [Online Journal]
4. "A comparative study of self concept between male physical education and non-physical education students". *International Journal of Creative Research Thoughts*, 1 (2), 2013. [Online Journal]
5. "A kinematical comparison of tennis service in volley ball between interuniversity and intercollegiate male volleyball players". *Indian Streams Research Journal*, 2 (10), 44-48, 2012. [Impact Factor: 0.2105]
6. "Anthropometric profile of children's of Himachal Pradesh, India". *International Journal of Physical Education, Health, & Sports Sciences*, 1(1), 47-53, 2012.
7. "Different penalty stroke execution stances in field hockey" *African Journal for Physical, Health Education, Recreation and Dance*, (Supplement 1:2), 493-500, 2012.
8. "A relationship between player's physical characteristics and biomechanical variables of service in tennis" *World Journal of Sport Sciences* 7(1), 30-35, 2012.
9. "Analysis of selected kinematical parameters of two different level male long jumpers". *International Journal of Sports Science and Engineering*, 5(4), 213-218, 2011.
10. "A relationship between anthropometrical and kinematical variables of spike jump of intercollegiate level male volleyball players". *International Journal of Performance Analysis in Sports*, 11(3), 583-588, 2011.
11. "Physical characteristics and level of performance in badminton: A relationship study". *Journal of Education and Practice*, 2(5), 6-9, 2011. [Impact Factor: 7.15]
12. "Attitude of college students towards physical education and sports". *International Journal of Physical Education*, 4(1), 45-52, 2011.
13. "Penalty stroke in field hockey: A biomechanical study". *International Journal of Sports Science and Engineering*, 5(1), 053-057, 2011.
14. "Accuracy-velocity relationship and physical characteristics in cricket ball throwing". *International Journal of Sports Science and Engineering*, 5(1), 043-048, 2011.
15. "A comparison of selected kinematical parameters between male and female intervarsity long jumpers". *Journal of Physical Education and Sport*, 11(2), 72-77, 2011.
16. "A comparison of selected biomechanical parameters of spike serves between intervarsity and intercollegiate volleyball players". *Journal of Education and Practice*, 2(2), 18-24, 2011. [Impact Factor: 7.15]
17. "Videographical analysis of short service in badminton". *Journal of Education and Practice*, 2(2), 25-29, 2011. [Impact Factor: 7.15]
18. "Analysis of arm movement in badminton of forehand long and short service". *Innovative Systems Design and Engineering*, 2(3), 173-177, 2011. [Impact Factor: 6.85]
19. "Comparison of kinematic variables between successful and unsuccessful fosbury-flop high jump technique". *Golden Research Thoughts*, 1(1), 83-85, 2011. [Impact Factor-0.0025]

National Journals:-

1. "Kinematics of penalty stroke in field hockey when it is executed at 90 degree stance position". Entire Research, 3(1), 62-65, 2011.
2. "Self-concept between physical education students and non-physical education students". AMBIKEYA Journal of Education, 2(1), 276-279, 2011.
3. "A biomechanical analysis of penalty stroke in field hockey". Indian Journal of Yoga Exercise & Sport Science and Physical Education, 4(1&2), 98-102, 2010.
4. "Comparison of kinematics variables between successful and unsuccessful free throw shooting in basketball". Journal of Physical Education and Yoga, India, 1(2), 47-52, 2010.
5. "Analysis of kinematics variables between successful and unsuccessful free throw shoot". AMASS, India, 2(2), 85-88, 2010.

Proceedings of Conferences/Seminars

International:-

1. "Comparative analysis of drag-flick technique of Indian field hockey team with their Asian counterparts" Proceedings of Global Scientific Conference on Physical Education, Health & Sports Science, Org. by Department of Physical Education (Teaching), Guru Nanak Dev University, Amritsar, Punjab, India, pp.366-373 (volume 1), January 24th to 26th, 2014.
2. "Relationship of drag-flick velocity with associated biomechanical variables in field hockey" Proceedings of International Conference on Futuristic Trends in Physical Education, Org. by Dept. of Physical Education, Punjabi University, Patiala, Punjab, India, pp.272-277, January 24th to 26th, 2013.
3. "Differentiations and resemblance of twins in the execution of lawn tennis serve: A biomechanical study" Proceedings of International Seminar on Physical Education Recreation and Yogic Sciences, Dept. of Physical Education, Banaras Hindu University, Varanasi, U.P., India, pp.344-348, January 19th to 21st, 2012.
4. "Biomechanical analysis of top eight male high jumpers at the 70th All India athletic championship" Proceedings of International Seminar on Physical Education Recreation and Yogic Sciences, Dept. of Physical Education, Banaras Hindu University, Varanasi, U.P., India, pp.349-354, January 19th to 21st, 2012.
5. "Biomechanical analysis of successful and unsuccessful penalty stroke execution in field hockey" Proceedings of UGC Sponsored International Conference on Physical Activities & Sports for Global Peace & Development, Dept. of Physical Education and Sports Sciences and IGIPSS, University of Delhi, Delhi, pp.35-39, October 19th to 21st, 2011.
6. "Biomechanical analysis of long jumpers" Proceedings of UGC Sponsored International Conference on Physical Activities & Sports for Global Peace & Development, Dept. of Physical Education and Sports Sciences and IGIPSS, University of Delhi, Delhi, pp.44-49, October 19th to 21st, 2011.

National:-

1. "Penalty stroke in field hockey at four different corners of goalpost: A kinematical analysis". Proceedings of National Conference on Wellness Through Physical Activity: Future Perspective, Org. by Dept. of Physical Education, Punjabi University, Patiala, Punjab, India, January 17th to 18th, 2014.
2. "Relationship between physical characteristics and biomechanical variables of spike jump performance of intervarsity level male volleyball players". Proceedings of UGC Sponsored National Conference on Physical Education: The key for Holistic Inter-Disciplinary

Collaboration, Dept. of Physical Education-(T.E.&L.), P.G.G.C., Sector-11, Chandigarh, pp.68-72, March 11-13, 2011.

3. “Vediographical analysis of drop and cut shot in badminton”. Proceedings of UGC Sponsored National Conference on Physical Education: The key for Holistic Inter-Disciplinary Collaboration, Dept. of Physical Education-(T.E.&L.), P.G.G.C., Sector-11, Chandigarh, pp.73-77, March 11-13, 2011.
4. “Comparison of successful and unsuccessful free throw shooting in basketball: A kinematic study”. Proceedings of UGC Sponsored National Conference on Physical Education: The key for Holistic Inter-Disciplinary Collaboration, Dept. of Physical Education-(T.E.&L.), P.G.G.C., Sector-11, Chandigarh, pp.78-82, March 11-13, 2011.

Presentations in Seminar and Conferences

International:-

1. Presented paper entitled “Comparative analysis of drag-flick technique of Indian field hockey team with their Asian counterparts” in the Global Scientific Conference on Physical Education, Health & Sports Science, Org. by Department of Physical Education (Teaching), Guru Nanak Dev University, Amritsar, Punjab, on January 24th to 26th, 2014. [**Awarded “Best Paper Presenter” in Teachers Category**].
2. Presented paper entitled “Converted versus non-converted penalty stroke execution in field hockey: A kinematical study” in the International Seminar on Health, Fitness and Environment, Org. by Akal College of Physical Education, Mastuana Sahib, Sangrur, Punjab, on December 20th & 21st, 2013.
3. Presented paper entitled “Relationship of drag-flick velocity with associated biomechanical variables in field hockey” in the International Conference on Futuristic Trends in Physical Education, Org. by Dept. of Physical Education, Punjabi University, Patiala, Punjab, India, on January 24th to 26th, 2013.
4. Presented paper entitled “Biomechanical analysis of penalty corner drag-flick technique of top three Asian field hockey teams” in the International Conference on Physical Education and Sports Sciences, Org. by Dept. of Physical Health and Sports Education, Aligarh Muslim University, Aligarh on December 16th to 18th, 2012.
5. Presented paper entitled “Differentiations and resemblance of twins in the execution of lawn tennis serve: A biomechanical study” In the International Seminar on Physical Education Recreation and Yogic Sciences, Org. by Dept. of Physical Education, Banaras Hindu University, Varanasi, U.P., India, on January 19th to 21st, 2012.
6. Presented paper entitled “A relationship between anthropometrical and kinematical variables of spike jump of intercollegiate level volleyball players” in the International Symposium on Global Trends of Physical Education & Sports in 21st Century, Org. by Dept. of Physical Education, Noida College of Physical Education, G. B. Nagar on April 2nd & 3rd, 2011.
7. Presented paper entitled “A comparison of selected biomechanical parameters of spike serve between intervarsity and intercollegiate volleyball players” in the International Symposium on Global Trends of Physical Education & Sports in 21st Century, Org. by Dept. of Physical Education, Noida College of Physical Education, G. B. Nagar on April 2nd & 3rd, 2011.
8. Presented paper entitled “Biomechanical analysis of successful and unsuccessful penalty stroke execution in field hockey” In the International Conference on Physical Activities & Sports for Global Peace & Development, Org. by Dept. of Physical Education and Sports Sciences and IGIPSS, University of Delhi, Delhi on October 19th to 21st, 2011.

9. Presented paper entitled “Biomechanical analysis of long jumpers” In the International Conference on Physical Activities & Sports for Global Peace & Development, Org. by Dept. of Physical Education and Sports Sciences and IGIPSS, University of Delhi, Delhi on October 19th to 21st, 2011.

National:-

1. Presented paper entitled “Penalty stroke in field hockey at four different corners of goalpost: A kinematical analysis” in the National Conference on Wellness Through Physical Activity: Future Perspective, Org. by Dept. of Physical Education, Punjabi University, Patiala, Punjab, India, on January 17th to 18th, 2014.
2. Presented paper entitled “Kinematics of drag-flick technique of Indian and Pakistani team: Comparative study” in the National Seminar on Innovation in Physical Education and Sports The Need of the Day, Org. by Department of Physical Health and Sports Education, Aligarh Muslim University, Aligarh, India, on January 28th & 29th, 2013.
3. Presented paper entitled “Penalty-corner drag-flick technique of Asian field hockey teams: A biomechanical study” in the National Seminar on Health, Physical Activity and Sports: Recent Trends & Challenges, Org. by Akal College of Physical Education, Mastuana Sahib, Sangrur, Punjab, India, on December 20th & 21st, 2012.
4. Presented paper entitled “Player’s physical characteristics and biomechanical variables of service in lawn tennis” in the National Seminar on Scientific Approach in Sports, Org. by Dept. of Physical Health and Sports Education, Aligarh Muslim University, Aligarh, India, on November 11th & 12th, 2011.
5. Presented paper entitled “Relationship between physical characteristics and biomechanical variables of spike jump performance of intervarsity level male volleyball players” in the National Conference on Physical Education: The key for Holistic Inter-Disciplinary Collaboration, Org. by Dept. of Physical Education-(T.E. & L.), P.G.G.C., Sector-11, Chandigarh, India, on March 11th to 13th, 2011.
6. Presented paper entitled “Attitude of non-physical education students towards physical education and sports” in the National Seminar on Right to Education Act: Problems and Challenges, Org. by Faculty of Education, Shri Ram Group of Colleges, Muzaffarnagar, India, on February 13th, 2011.
7. Presented paper entitled “Kinematic factors and volleyball spike jump performance of two different levels male volleyball players” in the National Seminar on Scientific Support in Sports, Org. by Dept. of Physical Health and Sports Education, Aligarh Muslim University, Aligarh, India, on January 30th & 31st, 2011.
8. Presented paper entitled “Comparison of social adjustment between physical education and non-physical education students” in the National Seminar on Contemporary scenario of Humanities and Social Sciences, Org. by Faculty of Humanities and Social Sciences, Shri Varshney Mahavidyalaya, Aligarh, India, on February 20th & 21th, 2010.
9. Presented paper entitled “Penalty stroke in field hockey: A biomechanical study” in the National Seminar on Scientific Innovations in Sports, Org. by Dept. of Physical Health and Sports Education, Aligarh Muslim University, Aligarh, India, on February 13th & 14th, 2010.
10. Presented paper entitled “Accuracy-velocity relationship and physical characteristics in cricket ball throwing” in the National Seminar on Scientific Innovations in Sports, Org. by Dept. of Physical Health and Sports Education, Aligarh Muslim University, Aligarh, India, on February 13th & 14th, 2010.
11. Presented Paper entitled “Attitude formation through Yama and Niyama” in the National Conference on Physical Education, Sports, and Yogic Sciences in Present Millennium, Org. by Dept. of Physical Education, Banaras Hindu University, Varanasi, India, on March 16th & 17th, 2009.

Workshop Participation

International:-

1. Attended Workshop on “Yoga and Shatkarma in the International Seminar on Physical Education, Recreation and Yogic Science” Org. by Department of Physical Health, Banaras Hindu University, Varanasi on January 20th & 21st, 2012.

National:-

1. Attended National Workshop on “Biofeedback” Org. by Department of Physical Health and Sports Education, Aligarh Muslim University, Aligarh on November 13th, 2011.
2. Attended UGC Academic Staff College, Aligarh Muslim University, Aligarh sponsored short term course on “Recent Trends of Research and Basics of Research Methodology in History” Org. by Department of History, Aligarh Muslim University, Aligarh on March 21st to 26th, 2011.
3. Attended National Workshop on “Emerging Trends & Application of Rules in Athletics” Org. by Department of Physical Education, Banaras Hindu University, Varanasi on January 20th to 22nd, 2011.
4. Attended Workshop on “Research & Data Analysis Using SPSS 18.0” Org. by Department of Statistics & Operational Research, Aligarh Muslim University, Aligarh in Association with SPSS South Asia, Bangalore, India on September 27th & 28th, 2010.
5. Attended National Workshop on “Relevance of Yoga and Physiotherapy in Stress and Injuries Management” Org. by Department of Physical Health and Sports Education, Aligarh Muslim University, Aligarh on September 22nd & 23rd, 2010.

Acted as Resource Person, Chairperson, Co-Chairperson in Seminars/Workshops

International:-

1. Acted as Co-Chairperson in the International Conference on “Health, Fitness and Environment” Org. by Akal College of Physical Education, Mastuana Sahib, Sangrur, Punjab, on December 19th & 20th, 2013.

National:-

2. Acted as Resource Person in the National Workshop on “Videographic Technique for Sports Motion Analysis” Org. by Department of Physical Education, Aligarh Muslim University, Aligarh on November 22nd to 24th, 2013.

Membership of Professional Bodies

1. Member of **Review Board**, European Academic Research, Romania, EU, an International, peer-reviewed and multidisciplinary research journal, (www.euacademic.org)
2. Member of **Board of Editors**, International Journal of Creative Research Thoughts, India, an International, peer-reviewed and multidisciplinary research journal, (www.ijcrt.net)

Sports Achievements

1. Having Gold Medal in Inter Hall Hockey Championship for the session 2011-2012, held at Aligarh Muslim University, Aligarh.
2. Having Silver Medal in Inter Hall Hockey Championship for the session 2010-2011, held at Aligarh Muslim University, Aligarh.
3. Represented the University of Lucknow, Lucknow in North Zone Intervarsity Hockey Tournament, consecutively during the sessions 2003-04, 2005-06, and 2006-07.

4. Participated in the Inter SAI Hockey Championship held at Guru Gobind Singh Sports College Lucknow, on February 12th to 15th, 2001.
5. Participated in the 3rd Inter SAI Hockey Championship held at Guru Gobind Singh Sports College Lucknow, on September 24th to 26th, 2003.
6. Participated in the Rajya Khel Hockey Tournament held at Varanasi on January 16th to 19th, 2006.
7. Having Gold Medal in School State Hockey Tournament held at Kanpur on October 12th to 15th, 2001.
8. Having Gold Medal in School State Hockey Tournament held at Lucknow, during the session 2001-2002.
9. Participate in School State Hockey Tournament held at Jhansi on October 20th to 22nd, 2000.
10. Participate in Babu Ram Chandra Lal Memorial State Level Sub Junior Hockey Tournament held at Gorakhpur in 1999.
11. Having Gold Medal in Under 16 years Boys Regional Level Rural Sports Trial Tournament, held at Lucknow in 2001-2002.
12. Participated in School State Sub Junior Nehru Boys Hockey Tournament, held at Lucknow on September 11th to 13th, 2000.
13. Having Gold Medal in Regional Sub Junior Nehru Boys Hockey Tournament, held at Lucknow, during the session 2000-2001.
14. Having Bronze Medal in School State Sub Junior Nehru Boys Hockey Tournament, held at Lucknow during the session 2000-2001.
15. Having Silver Medal in District Sub Junior Nehru Boys Hockey Tournament, held at Lucknow, during the session 1999-2000.
16. Having Silver Medal in School District Hockey Tournament, held at Lucknow, during the session 1999-2000.

Coaching Camps

1. Participated in Summer Hockey Coaching Camp For Boys, Org. By K. D. Singh Babu Memorial Society, Lucknow, held at Lucknow from May 10th to June 30th, 1999.
2. Participated in Centre Coaching Camp, Org. Sports Directorate, Khel Bhawan, Lucknow, held at Varanasi from May 29th to June 18th, 2002.

Officiating

1. Official (Chief Judge Hockey) in 10th Khalsayi Sports Fest-2013 (Men & Women), Org. by Khalsa College Gardhiwal, Punjab on November 6th to 8th, 2013.
2. Official in Football Fest-2012 (Men), Org. by Dept. of Physical Health and Sports Education, Aligarh Muslim University, Aligarh on April 30th to May 3rd, 2012.
3. Official in North-Zone Intervarsity Tennis Tournament (Men), Org. by Aligarh Muslim University, Aligarh on November 27th to December 2nd, 2010.
4. Official in 52nd Senior Women's National Hockey Championship held at Guru Gobind Singh Sports College Lucknow, in August 2003.
5. Official in consecutively 18th, 19th, and 20th All India K. D. Singh Babu Invitational Hockey Tournaments held at Guru Gobind Singh Sports College Lucknow.
6. Official consecutively 1st and 2nd Jaman Lal Sharma under 14 year Hockey Tournament held at Guru Gobind Singh Sports College Lucknow.

7. Official in 1st Late S.N. Kapoor Exhibition Hockey Tournament held at Chand Bhanu Gupt Khel Maidan, Lucknow, and Org. by K.D. Singh “Babu” Society Lucknow, on November 8th to 12th, 2008.

Extra Curricular Activities

1. Having N.C.C. ‘B’ certificate.
2. Volunteered in the National Seminar on Scientific Innovations in Sports, Org. by Dept. of Physical Health and Sports Education, Aligarh Muslim University, Aligarh on February 13th & 14th, 2010.
3. Volunteered in the International Conference on Physical Education and Sports Sciences, Org. by Dept. of Physical Health and Sports Education, Aligarh Muslim University, Aligarh on December 16th to 18th, 2012.