

**Post Graduate Diploma in Guidance & Counseling  
ASSIGNMENTS- 2020-2021**

**INSTRUCTIONS**

The student is required to read carefully and follow the instructions given below:

- Submission of one complete Assignment in each course of the programme every year is compulsory.
- Completed Assignments on prescribed Assignment booklets are to be submitted by hand or through post to the Learner Support Centre/Programme Coordinator, CDOL as per dates mentioned in the Academic Calendar 2020- 21 (<http://jmi.ac.in/bulletinboard/academic-calendar/cdol>).
- For Assignments Submitted after dates mentioned in the Academic Calendar, a late fee of **Rs. 100/-** per Assignment will be payable to CDOL through Demand Draft in favor of **Jamia Millia Islamia**, Payable at New Delhi.
- For Ex-Students who failed to submit Assignments during the course of the programme are required to submit **Rs. 200/-** per Assignment to CDOL in the form of Demand Draft in favor of Jamia Millia Islamia, Payable at New Delhi.
- Write your name, roll number and other details as required on the cover page of **Assignment Booklet**.
- **For your record you must keep a photocopy of your Assignment. In case your assignment is lost then your photocopy will taken as a proof for evaluation.**
- **Please go through your Programme Guide carefully**

# Post Graduate Diploma in Guidance & Counseling

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Course Title: **Psychological Basis of Guidance & Counseling**  
Session:-2020-21

Course Code: GC-I  
Maximum Marks: 30

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**Note: - Attempt all questions. All questions carry equal marks.**

1. What is the difference between positive and negative reinforcement in operant condition? Discuss the application of operant conditioning in education field.
2. Adolescence is a period of storm and stress. Do you agree with this statement of Stanley Hall? Substantiate answer with suitable examples.
3. Why is it important to resolve crisis of a particular stage to go to the next stage in Erickson's theory of psychosocial development?

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Course Title: **Essentials of Guidance and Counseling**  
Session:-2020-21

Course Code: GC-II  
Maximum Marks: 30

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**Note: - Attempt all questions. All questions carry equal marks.**

1. What do you mean by inclusive education? Discuss the need and importance of inclusive education.
2. Explain the statement "For overall development of a child elementary school guidance is mandatory."
3. Define Guidance and write its objectives. How does guidance differ from teaching and counseling?

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Course Title: **Mental Health & Adjustment**  
Session:-2020-21

Course Code: GC-III  
Maximum Marks: 30

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**Note: - Attempt all questions. All questions carry equal marks.**

1. Discuss the different type of disability. Explain the psychological and educational classification of mental retardations.
2. Define stress and discuss different types of stressors. Explain different causes of stress.
3. Write short note on the following:
  - a. Psychopathology
  - b. Mood Disorders

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Course Title: **Carrier Development**  
Session:-2020-21

Course Code: GC-IV  
Maximum Marks: 30

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**Note: - Attempt all questions. All questions carry equal marks.**

1. What is decision theory? Describe briefly the different approaches of 'decision' for a suitable career.
2. Brief account of skills required for a counselor.
3. Explain the significance and application of matching approaches in career development.

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Course Title: **Assessment and Appraisals in Guidance & Counseling**  
Session:-2020-21

Course Code: GC- V  
Maximum Marks: 30

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**Note: - Attempt all questions. All questions carry equal marks.**

1. Write short note on the following:
  - a. Differential Aptitude Test Battery.
  - b. Thematic Apperception Test
2. Explain the different features of Terman's Stanford-Binet Intelligence scale and Modern Binet Scales.
3. Define learning disabilities. What are the specific learning difficulties caused by processing deficit?

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Course Title: **Stress and Conflict Management**  
Session:-2020-21

Course Code: GC-VI  
Maximum Marks: 30

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**Note: - Attempt all questions. All questions carry equal marks.**

1. What do you understand by organizational conflict? Explain its various types and forms.
2. How organizations respond to bring down employee stress and make them better use in the organization?  
Elucidate
3. Explain the concept of Conflict and discuss various sources of conflict. Highlight advantages and disadvantages of conflict occurring.