

## **Teaching Plan**

### **Semester II**

#### **MSW -SII-06 THEORY AND PRACTICE OF SOCIAL CASE WORK**

**Course Teacher: Dr. Archana Dassi**

**Course Marks/Credit: 100/4 (25 marks Internal assessment/75 marks external assessment)**

**Course Objectives:**

- 1. Understand individual as a dynamic social entity*
- 2. Develop an ability to apply case work in different settings*
- 3. To develop an understanding about the application of therapeutic approaches in the case work*

#### **Introduction**

Social casework is a method of helping people based on knowledge, understanding and the use of techniques skillfully applied to helping people to solve the problems. It is individualized although it is scientific, that is, it derives its understanding from the disciplines of science, its method also includes artistic effort. It helps individuals with personal as well as external and environmental matters. It is a method of helping through a relationship that taps personal and other resources for coping with problems.

S. No	UNIT	TOPIC	WEEK	READING
I	Understanding Individual	1. Understanding Personality in the Social Context	4th WK of Jan.	1. Mathew, G (1993): An Introduction to Social Case Work, Mumbai: TISS 2. Pearlman, H. H. (1957): Social Case Work- A problem solving process, Chicago: The University of Chicago Press 3. Hamilton, G. (1951): Theory and Practice in Social Case work, New York: Columbia University Press
		2. Defense mechanisms	5 <sup>th</sup> Week of Jan	
		3. Individual differences and needs (includes adjustment and maladjustment)	Ist week of Feb	
		4. Social Case Work as a methods of Social Work – scope	2 <sup>nd</sup> week of Feb	
II	Case work in practice	1. Assumptions, objectives	3 <sup>rd</sup> wk of Feb	1. Mathew, G (1993): An Introduction to Social Case Work, Mumbai: TISS 2. Pearlman, H. H. (1957): Social Case Work- A problem solving process, Chicago: The University of Chicago Press 3. Hamilton, G. (1951): Theory and Practice in Social Case work, New York: Columbia University Press 4. Biestek, F. (1961): The case work Relationship, London: Allyn and Bacon 5. Richmond, M (1965): Social Case Work – A Problem solving Approach, Chicago: The University of Chicago Press
		2. Principles of casework	4 <sup>th</sup> wk of feb	
		3. Case work Process	1 <sup>st</sup> week of march	
		4. Components of case work	2 <sup>nd</sup> week of March	
		5. Communications skills for effective casework practice	3 <sup>rd</sup> week of march	
		6. Case work tools	4 <sup>th</sup> week of march	
III	Therapeutic approaches to	1. Ecological perspective	1 <sup>st</sup> week of April	1. Richmond, M (1965): Social

	case work	2. Behaviour modification	2 <sup>nd</sup> Wk of Apr	Case Work – A Problem solving Approach, Chicago: The University of Chicago Press 2. Roberts and Nee (Ed) (1970): Theories of Social Work, Chicago: The University of Chicago Press
		3. Rational Emotive Therapy	3rd Wk of Apr.	
		4. Eclectic Approach	4 <sup>th</sup> week of April	