

Semester II
MSW- SII- 07 CHILD AND WOMEN DEVELOPMENT

Course Teacher: Dr. Neelam Sukhramani

Transaction time: 4 periods (45 minutes each) + 1 hour of contact each week for 16 weeks

At the end of the course, the students will be able to:

1. *Understand the development and needs of a child in special circumstances.*
2. *Be able to develop an insight on the developmental needs and challenges faced by an adolescent and how to deal with that.*
3. *Be able to develop skills and be aware of the dynamics of gender and gender related issues.*

TEACHING PLAN (January 2015 to April 2015)

Week 1: Introduction to the course (positioning the course in the context of social work)

Week 2: Concept of Child and Childhood in Indian Context

HAQ: Centre for Child Rights (2011). *India Child Rights Index*. New Delhi: HAQ: Centre for Child Rights

Kakkar, S. (1979). *Indian Childhood: Cultural Ideals and Social Reality*. Oxford University Press.

Saraswati, T.S. (1999): *Culture, Socialization, Human Development: Theory, Research and Applications in India*. New Delhi: Sage Publications.

Sinha, D. (1981). *Socialisation of the Indian Child*. New Delhi: Concept Publications

Week 3: Developmental Needs and Stages of Childhood Development

Devadas, R.P. Jaya N. (1984). *A text book on Child Development*. Delhi: Mac Millan India Ltd.

Hurlock, E.B. (1997). *Child Development*. New Delhi: Tata Mc.Graw Hill Publishing Company Limited.

Mussen, P.H. & Conger, J.J. Kagan, J. Huston, A.C. (1984). *Child Development and Personality*, 6th Edition, New York: Harper & Row.

Santrock, J.W.(2007). *Child Development*. New Delhi: Tata Mc.Graw Hill Publishing Company Limited.

Week 4 & 5: Theories of Human Development – Freud, Erikson and Piaget

Crain, W. (2011). *Theories of Development (Concepts and Applications)*. Boston: Prentice Hall.

Kechan, T & Evans, S. (2009). *An Introduction to Child Development*. Los Angeles: Sage Publications.

Mitchell, P. & Ziegler, F. (2007). *Fundamentals of Development: The Psychology Of Childhood*. East Sussex: Psychology Press.

Week 6: Children with special needs: Intellectually challenged, ADHD, Dyslexia.

Alloy, L.B., Riskind, J.H. & Manos, M.J. (2006). *Abnormal Psychology: Current Perspectives*. New Delhi: Tata Mc.Graw Hill Publishing Company Limited.

Week 7: Adolescence: Concept and Developmental Needs

Week 8: Challenges Faced by Adolescents in Contemporary Indian Society

Week 9: Life Skill Interventions during Adolescence

Week 10: Adolescents in Difficult Circumstances: Issues and Concerns

UNFPA. (2003). *Adolescents in India: A Profile*.

International Institute for Population Sciences (IIPS) and Macro International. 2007.

National Family Health Survey (NFHS-3), 2005-06: India: Volume I. Mumbai: IIPS.

Kapur, P. (1982). *Conflict between Adolescent Girls and Parents in India*. New Delhi: Vision Books

Hanbury, C. (2008, November). *The Life Skills Handbook*. Retrieved January 16, 2014, from <http://www.lifeskillshandbooks.com/LIFESKILLS-HANDBOOK.pdf>

Week 11: Gender, Patriarchy and Power

Bhasin, K. (1993). *What is Patriarchy?* New Delhi: Kali for Women.

Chaudhury, M. (2004). *Feminism in India*. New Delhi: Kali for Women & Women Unlimited.

Week 12: Feminist theories: Radical, Liberal, Marxist and Indigenous Critical Perspectives

Tong, R. (2009). *Feminist Thought: A More Comprehensive Introduction*. Colorado: Westview Press.

Jaggar, A.M. (1983). *Feminist Politics and Human Nature*. New Jersey: Rowman & Allanheld.

Week 13 & 14: Gender Aware social work ; Gender mainstreaming in Social Work, Gender Analysis and Gender Budgeting.

Gandhi, A. (1998). Gender Aware Social Work. *Indian Journal of Social Work*, 59(4), 981-997.

Hyde, C. (2008, April 24). Feminist Social Work Practice. *The Encyclopaedia of Social Work (20th Edition)* . New York: Oxford University Press.

Ministry of Women and Child Development, Government of India. (2007). *Gender Budgeting Handbook for Government of India Ministries and Departments*. HYPERLINK
"http://wcd.nic.in/gbhb/Link%20hand%20pdf/Gender%20Budgeting%20Hand%20Book.pdf"
<http://wcd.nic.in/gbhb/Link%20hand%20pdf/Gender%20Budgeting%20Hand%20Book.pdf>

Powell, G. N. (1999): *Handbook of Gender Work*. New Delhi: Sage Publication.

Week 15 & 16 : Review, Case Discussion, Assignment Discussion

Semester III
MSW- SIII- 12 COUNSELLING: THEORY AND PRACTICE

Course Teacher: Dr. Neelam Sukhramani

Transaction time: 4 periods (45 minutes each) + 1 hour of contact each week for 16 weeks

At the end of the course, the students will be able to:

1. *To develop an understanding of the interlinkage between Counselling and Social Work*
2. *To learn generic and specific counselling skills to practice at micro and mezzo level*
3. *To understand the areas of assessment with respect to specific situations as well as the core principles of counselling in those areas*

TEACHING PLAN (July 2014 to December 2014)

Week 1: Introduction to the course (positioning the course in the context of social work)

Week 2: Generic Principles of Counselling

Brammer, L. M., & Macdonald, G. (1996). *Helping Relationship: Process & Skills*. Boston: Allyn & Bacon.

MacLean, D., & Gould, S. (1988). *The Helping Process: An Introduction*. London: Croom Helm.

Week 3: Goals of Counselling

George, R.L. & Christiani, T.S. (1981). *Theory, Methods and Processes of Counselling and Psychotherapy*. Englewood Cliffs: Prentice Hall.

Patterson, L. E., & Welfel, E. E. (2000). *The Counselling Process*. Brooks/Cole: Australia.

Week 4: Assumptions of Counselling

George, R.L. & Christiani, T.S. (1981). *Theory, Methods and Processes of Counselling and Psychotherapy*. Englewood Cliffs: Prentice Hall.

Week 5: Theories of Counselling: Affective and Cognitive

Seligman, L., & Reichenberg, L. W. (2011). *Theories of Counselling and Psychotherapy: Systems, Strategies and Skills*. New Delhi: PHI Learning Private Limited.

Week 6: Types of Counselling (Interpersonal, Telephonic, Group & Web-based Counselling)

Corey, G. (2000). *Theory and Practice of Group Counselling (5th Edition)*. Australia: Brooks/Cole.

Kottler, J.A. & Shepard, D.S. (2008). *Introduction to Counselling: Voices from the Field*. Australia: Thomson Brooks/Cole.

Rao, S. N. (1981). *Counselling Psychology*. New Delhi: Tata Mc Graw Hill Publishing Company Ltd.

Saarthak : Operation Hope : A Manual for Phone Counselling (Unpublished Document)

Week 7: Stages in Counselling Process

Egan, G. (1982). *The Skilled Helper: Model, Skills and Methods for Effective Helping (Second Edition)*. Monterey: Brooks/Cole Publishing Company.

Week 7 & 8: Counselling Skills for Relationship Building and Exploration

Brammer, L. M., & Macdonald, G. (1996). *Helping Relationship: Process & Skills*. Boston: Allyn & Bacon.

Egan, G. (1982). *The Skilled Helper: Model, Skills and Methods for Effective Helping (Second Edition)*. Monterey: Brooks/Cole Publishing Company.

MacLean, D., & Gould, S. (1988). *The Helping Process: An Introduction*. London: Croom Helm.

Patterson, L. E., & Welfel, E. E. (2000). *The Counselling Process*. Brooks/Cole: Australia.

Week 9: Counselling Skills for Developing New Perspectives

Egan, G. (1982). *The Skilled Helper: Model, Skills and Methods for Effective Helping (Second Edition)*. Monterey: Brooks/Cole Publishing Company.

Week 10: Counselling Skills for Facilitating Positive Action, Goal Setting & Follow Up

Egan, G. (1982). *The Skilled Helper: Model, Skills and Methods for Effective Helping (Second Edition)*. Monterey: Brooks/Cole Publishing Company.

George, R.L. & Christiani, T.S. (1981). *Theory, Methods and Processes of Counselling and Psychotherapy*. Englewood Cliffs: Prentice Hall.

Week 11: Counselling in Situations of Addiction

Kottler, J.A. & Shepard, D.S. (2008). *Introduction to Counselling: Voices from the Field*. Australia: Thomson Brooks/Cole.

Nayar, M., Muralidhar, D., Vranda, M., & Gangadhar, B. (2012). Living with Violence: Narratives of Wives of Persons with Alcohol Dependence. *Indian Journal of Social Work*, 73 (1), 7-20.

Week 12: Counselling in Situations of Mental Illness

Jagannathan, A., & Sekar, K. (2011). Use of Strengths Perspective to Treat Persons suffering from Mental Illness in India: A Case Analysis. *Indian Journal of Social Work*, 72 (3), 335-350.

Week 13: Counselling in Situations of Marital Discord

Desai, M. (1994). Dynamics of Marital Problems and Assessment. In M. Desai, *Family and Interventions: A Course Compendium* (pp. 91-100). Bombay: Tata Institute of Social Sciences.

Kumar, U. G., Henry, J., & Thomas, B. (2007). Psychosocial Care for Marital and Family Life. In K. Sekar, R. Parthasarathy, D. Muralidhar, & C. M. Rao, *Handbook of Psychiatric Social Work* (pp. 59-69). Bangalore: National Institute of Mental Health and Neuro Sciences.

Week 14: Counselling in Situations of Sexual Assault

Campbell, R. (2001). Mental Health Services for Rape Survivors: Current Issues in Therapeutic Practice. 1

Patterson, L. E., & Welfel, E. E. (2000). *The Counselling Process*. Brooks/Cole: Australia.

Week 15 & 16: Review, Case Discussion, Assignment Discussion

Unit II Stages and skills of counselling

1. Stages in counselling process
2. Counselling skills for relationship building and exploration
3. Counselling skills for developing new perspective
4. Counselling skills for facilitating positive action, goal setting, and follow-up.

Unit III Counselling situations

1. Marital Discord
2. Sexual Assault
3. Mental Illness
4. Addiction

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"<http://wcd.nic.in/gbhb/Link%20hand%20pdf/Gender%20Budgeting%20Hand%20Book.pdf>"

<http://wcd.nic.in/gbhb/Link%20hand%20pdf/Gender%20Budgeting%20Hand%20Book.pdf>

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