



**Centre for Distance and Online Education**  
**Jamia Millia Islamia, New Delhi**  
**Counselling Schedule of PGDGC (Online Mode) Batch 2023**

<b>Dates</b>	<b>Session I 9:00 am- 11:00 am</b>	<b>Session II 11:00 am- 1:00 pm</b>	<b>Session III 1:30 pm- 3:30 pm</b>
17/12/2023	Psychological Basis of Guidance and Counselling	Essentials of Guidance and Counselling	Mental Health and Adjustment
24/12/2023	Psychological Basis of Guidance and Counselling	Essentials of Guidance and Counselling	Mental Health and Adjustment
31/12/2023	Psychological Basis of Guidance and Counselling	Essentials of Guidance and Counselling	Mental Health and Adjustment
07/01/2024	Psychological Basis of Guidance and Counselling	Essentials of Guidance and Counselling	Mental Health and Adjustment
14/01/2023	Psychological Basis of Guidance and Counselling	Essentials of Guidance and Counselling	Mental Health and Adjustment
21/01/2023	Career Development	Assessment and Appraisal in Guidance and Counselling	Stress and Conflict Management
28/01/2023	Career Development	Assessment and Appraisal in Guidance and Counselling	Stress and Conflict Management
04/02/2023	Career Development	Assessment and Appraisal in Guidance and Counselling	Stress and Conflict Management
11/02/2023	Career Development	Assessment and Appraisal in Guidance and Counselling	Stress and Conflict Management
18/02/2023	Career Development	Assessment and Appraisal in Guidance and Counselling	Stress and Conflict Management

  
**Dr. Dayal Sandhu**  
PGDGC (Online) Coordinator

  
**Prof. Jessy Abraham**  
Hony Director