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Topic of Research: Self Determination And Food Sovereignty: A Theoretical Perspective

FINDING

The thesis critically explores the multidimensional causes of global food crises, identifying war, economic shocks, and climate extremes as core drivers, exacerbated by the lingering effects of COVID-19 and the Ukraine conflict. It finds that food insecurity is not merely a logistical issue but a structural failure rooted in unjust and unsustainable food systems. A key finding is the inadequacy of current food systems to address deep-seated hunger and poverty, particularly in conflict-affected regions. The study foregrounds the concepts of food security and food sovereignty, highlighting how integrated global supply chains have challenged traditional state-cantered approaches to food governance.

Additionally, the thesis integrates green political theory (GPT) and environmental concerns within the international relations framework, suggesting a paradigm shift in global policy discourse. It innovatively links romanticism, historically a critique of Enlightenment rationalism, to ideas of sovereignty and self-determination in food politics. The work argues for reclaiming local control over food systems, promoting sustainable agriculture, and resisting the exploitative dominance of multinational corporations (MNCs). Finally, the research advocates for policy reforms, coalition-building, and grassroots activism as necessary strategies to construct a more equitable, transparent, and resilient global food order.