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Topic of Research - Relationship between Emotional Intelligence and Effectiveness of Leadership Styles adopted by Senior Level Managers in Banking Sector

Findings and Conclusions

The study emphasizes the critical role of Emotional Intelligence (EI) in developing effective leadership in the 21st century, particularly within the banking sector. It argues that leaders must exemplify adaptability, self-awareness, and innovation to inspire change and build credibility with their followers. The research highlights that leaders with high EI can foster positive relationships, enhance staff satisfaction, and effectively support their teams through change. Data analysis indicates a strong correlation between EI, leadership styles (transformational and transactional), and effectiveness, suggesting that emotionally intelligent managers are more successful in achieving organizational goals. The findings underscore the importance of EI in leadership development programs, advocating for its integration into executive selection and training to create a more motivated and productive workforce. Overall, the study contributes to the existing literature on EI and leadership, offering valuable insights for enhancing leadership effectiveness.

Key Words: Emotional Intelligence, Leadership, 'Styles and Effectiveness', Senior Level managers, Banking Sector