DEPARTMENT OF TOURISM & HOSPITALITY MANAGEMENT

JAMIA MILLIA ISLAMIA, NEW DELHI

First Aid and Basic Life Support (BLS) Skill Training

International Housekeepers Week 2026 • Emergency Preparedness and Practical Safety Skills



EVENT REPORT

Event Details

Event	First Aid and Basic Life Support (BLS) Skill Training Session
Programme	International Housekeepers Week 2026
Institution	Department of Tourism & Hospitality Management, Jamia Millia Islamia, New Delhi
Organized By	Dr. M. A. Ansari Health Centre, Jamia Millia Islamia
Coordinator	Mr. Sidheshwar Kumar Rai
Supporting Members	Chef Jaya Kumar, Chef Siddharth, Dr. Mohd Yunus Khan
Resource Person	Dr. Irshad Hussain Naqvi, In-Charge and Chief Medical Officer

1. Introduction and Event Overview

The fourth and concluding day of International Housekeepers Week 2026 featured an informative and practical First Aid and Basic Life Support (BLS) Skill Training Session. The programme was organized by the Dr. M. A. Ansari Health Centre, JMI.

The session extended the week's professional learning beyond routine housekeeping skills by focusing on emergency preparedness, timely response and basic life-support techniques that can be valuable in safety-related situations.

2. First Aid and Emergency Awareness

Dr. Irshad Hussain Naqvi introduced students to fundamental safety measures, first-aid techniques and appropriate procedures for responding to different emergency situations.

Particular emphasis was placed on situations such as choking and fainting, together with the role of Cardiopulmonary Resuscitation (CPR) when required.

3. Hands-on Demonstration and Practice

A key feature of the programme was its experiential approach. Students first observed demonstrations of emergency-response procedures and then practiced the techniques themselves.

Practical demonstrations included CPR practice on mannequins and guided understanding of the steps to follow during different emergency situations.

4. Student Engagement and Practical Relevance

Students participated actively throughout the training and showed enthusiasm while practicing the procedures.

The interactive approach reinforced the concepts discussed during the session and helped students appreciate the importance of first aid, emergency preparedness and basic life-support skills.

5. Key Learning and Professional Outcomes

- Greater awareness of basic first-aid and emergency-response procedures.
- Practical exposure to CPR through mannequin-based practice.
- Improved understanding of responses to choking and fainting.

- Greater appreciation of timely and appropriate action during emergencies.
- Increased confidence through demonstration followed by supervised practice.

6. Conclusion

The First Aid and BLS Training Session provided a practical and safety-oriented conclusion to International Housekeepers Week 2026. It complemented the week's housekeeping and hospitality activities by giving students emergency-response knowledge and hands-on practice, reinforcing the broader professional responsibility of being prepared for safety-related situations.

Photographic Record

The photographs below are reproduced from the supplied departmental report and retained as the original event images. They have only been resized to fit the Word page layout.



Event photograph 1



Event photograph 2



Event photograph 3



Event photograph 4



Event photograph 5