

जामिया मिल्लिया इस्लामिया

(संसदीय अधिनियमानुसार केन्द्रीय विश्वविद्यालय)
(नैक प्रत्यायित 'A++' Grade)

मौलाना मोहम्मद अली जौहर मार्ग, नई दिल्ली-110025

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JAMIA MILLIA ISLAMIA

(A Central University by an Act of Parliament)

(NAAC Accredited 'A++' Grade)

Maulana Mohammad Ali Jauhar Marg, New Delhi-110025



खेल एवं क्रीड़ा विभाग

Games & Sports Department

شعبہ کھیل کود

F.No.15/IDY-2026/G&S/JMI/2026

June 11, 2026

NOTICE

This is to inform that the “**International Day of Yoga**” will be celebrated at JMI on **21st June, 2026**. For successful conduct of the International Day of Yoga, the Games & Sports Department, JMI is conducting “**Yoga Training Sessions**” with a qualified Yoga Scientist from **15th to 19th June, 2026** to train and educate the students, staff members (teaching & non-teaching) of JMI and Community People about unparalleled significance of Yoga for a healthy life at the following venues:-

Date	Yoga Sessions for	Venue	Timing
15.06.2026	Teaching & Non-Teaching Staff and Community People	Sports Complex, JMI	7:30 A.M. to 8:30 A.M.
16.06.2026	All Girls Hostels	Hall of Girls Residence (Old)	5:00 P.M. to 6:00 P.M.
17.06.2026	All Boys Hostels	Dr. Zakir Husain Hall	5:00 P.M. to 6:00 P.M.
19.06.2026	NSS & NCC and general Students	Sports Complex, JMI	10:00 A.M. to 11:00 A.M.

All Deans/HoDs/Directors/Provosts/Principals of Schools/ Coordinators of NCC & NSS/Incharge of administrative units are requested to kindly disseminate the said information among their students/staff members and encourage them to participate in the **Yoga Training Session** in large numbers as per the given schedule.


(Prof. Nafis Ahmad)

Hony. Director, Games & Sports, JMI

Copy to:

1. All Deans of Faculties/Heads of Departments/Directors of Centres of JMI
2. All Provosts of Boys & Girls Hostels of JMI
3. The Hony. Coordinator of NCC & NSS, JMI
4. All Principals/Headmasters/Headmistress of Jamia Schools
5. All DRs/ARs/AFOs/In-charge of all administrative offices of JMI
6. The Secretary to the Vice-Chancellor, JMI
7. The Secretary to the Registrar, JMI
8. Sr. PA to the Controller of Examinations, JMI
9. PA to the Finance Officer, JMI