

CURRICULUM VITAE

Waheeda Khan, Ph.D

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PRESENT POSITION

: **Head of the Department** (Since July 2010)
Professor of Psychology (Since July 2006)
Honorary Director (Since September 2009)
University Counseling & Guidance Centre
Jamia Millia Islamia (a Central University)
New Delhi, India
Corodinator (Since 2008)
IGNOU Study Centre 0707
Jamia Millia Islamia, New Delhi, India

ACADEMIC QUALIFICATIONS : Ph.D (1981); M.Phil (1972); MA (1969); Advance Diploma in Russian Language (1978); Certificate in Arabic Language (2007).

TEACHING EXPERIENCE

: **21 Years**

PAPERS TAUGHT

:General, Physiological & Comparative Psychology, Psychological Experiments & Testing, Research Methods, Statistics, Social & Environmental Psychology, Guidance & Counseling, Psychotherapy and Psycho-diagnostics.

TITLE OF Ph. D THESIS

: "Effect of urban environment on social, emotional and curiosity behaviors in Rhesus monkeys (macaca mulatta) at different age levels".

SPECIALIZATION

: Applied Psychology, Clinical & Counseling Psychology

COUNTRIES VISITED

: USA (Universities of New York, Minnesota, San Francisco & Portland), Canada, China, Australia, Sweden, Germany, Greece, Turkey, Cyprus, Malaysia, Singapore, Pakistan and Bangladesh.

INTERNATIONAL COLLABORATION

- a)** Multinational study on Psychological Wellbeing with the Director Health Project, Department of Psychology, University of Hong Kong, Hong Kong, (continue).
- b)** Multinational Display Rule Project with the Director, Department of Psychology, San Francisco State University, USA, 2003-2005 (completed).

AWARDS / HONOURS:

1. Member Editorial Board, Journal of Child & Adolescent Psychology, 2010, Delhi, India.
2. Member Editorial Board, Indian Journal of Positive Psychology, International Association of Health, Research and Welfare, 2010, Hisar, India.
3. Member Editorial Board, Journal of Psychology, Vol.1, No.1, July 2010, Kamla-Raj Enterprises, Delhi, India.
4. Chairperson “Psychology Research Committee” XXXIII Indian Social Science Congress, Dr.B.R. Ambedkar Open University, Hyderabad, March 10-14, 2010.
5. Chaired a session on “Therapeutic Interventions” in 5th International SIVUS conference on Mental Retardation, Nawab Nobab Ali Senate Hall, University of Dhaka, Bangladesh, October 15, 2009.
6. Received “Distinguished Women Psychologist” award by Gurukul Kangri University Haridwar, March 21, 2009.
7. Advisory group member working for the formation of Psychological Council of India, 2009-10.
8. Member Editorial Board, Bahria Journal of Professional Psychology, Bahria University (Karachi Campus), Islamabad, Pakistan, 2009-present.
9. External Member Faculty Committee, Faculty of Behavioral Science, University of Jammu, 2009-**2012**.
10. External Member Faculty Committee, Faculty of Humanities & Languages, JMI, 2009-**2012**.
11. Member Faculty Committee, Faculty of Social Science, JMI, 2003-05 & 2009-Present.
12. Keynote Valedictory address in UGC sponsored National Conference on “Violence, Peace & Conflict Resolution” organized by Department of Psychology, Govt. College for Girls, Sector 11, Chandigarh, 18 February 2009.

13. Member Research Committee, Psychology Deptt., MDU, Rohtak, 2007-2010.
14. Member International Board of Awards Committee, NESA, Delhi, 2006-2009.
15. Nodal Training Officer in HIV/AIDS Counseling, nominated by NACO, Ministry of Health & Family Welfare, Govt. of India, 2008-2009.
16. Chairperson “Psychology Research Committee” under the auspices of Indian Social Science Congress, Jamia Millia Islamia, December 17-21, 2008.
17. Organizing Secretary of 11th International & 42nd National Conference of IAAP on “Applied Psychology for Peaceful World, JMI, Delhi, February 15-17, 2007.
18. Chairperson on “Health in Adolescents” session in 26th International Congress of Applied Psychology, Athens, Greece, July 17, 2006.
19. Member Editorial Committee, “Jamia Sports Bulletin” 2006-8.
20. Member Editorial Board, Journal of Personality & Clinical Studies, Delhi, 2006-**present**.
21. Fellowship of the year Award by NESA, New Delhi, 2003.
22. Secretary Association of Clinical Psychologists, Delhi, 2003-**present**.
23. Member Inspection Committee M J P Rohilkhand University, 2002.
24. Wtikin-Okonji Award, XVI IACCP Congress 2002, Yogyakarta, Indonesia.
25. Advance Research Training Seminar Award (ARTS), XXV IAAP, Singapore, 2002.
26. Honorary appointment in the Research Board of Advisors, ABI, USA, 2002.
27. Honorary member, Professional Women's Advisory Board, ABI, USA, 1999.
28. Executive member of National Environmental Science Academy (NESA), Delhi, 1998-**present**.
29. Nominated for ‘Woman of the Year Award’ 1998, by ABI, U.S.A.
30. Gold Medal for Best Paper presentation in XI Annual conference of NESA, Calcutta, March 15-17, 1996.
31. Nominated as Deputy Governor on the Board of Governors, American Biographical Research Institute, 1995.
32. Biographical note in 'Reference Asia' Asia's who's who of men & women of achievement (vol.5, pp 305).
33. Post-Doctoral Research Associate (U.G.C) from 1983-88.
34. Junior / Senior Research Fellowship (U.G.C) from 1973-77.
35. NCC Cadet from 1963 – 66, passed G part-I and G-part-II exams held by Ministry of Defense, Govt. of India, with ranks of Sargeant & Under Officer.

36. Medals & prizes for the first position in B.A, Best Student of the college (1967) & for literary and cultural activities.
37. Participated in Be-prepared Schemes & other Sports activities.

ADMINISTRATIVE EXPERIENCE:

1. Head of the Department of Psychology, Jamia Millia Islamia, July 2010-**present**.
2. Honorary Director, University Counseling & Guidance Centre, Jamia Millia Islamia, September 2009-**present**.
3. Coordinator IGNOU Study Centre 0707, Jamia Millia Islamia, 2008-**present**.
4. Honorary Director, Sarojini Naidu Centre for Women's Studies, Jamia Millia Islamia, November 2009-July 2010.
5. Coordinator, University Counseling & Guidance Centre, Jamia Millia Islamia, 2004-07.
6. Provost, Hall of Girls, Jamia Millia Islamia, 1994 – 1998 & 2004-08.
7. Member Discipline Committee & Grievance Committee, 2004-08.
8. Member University Cultural Committee, 2004-08.
9. Member organizing committee Silver Jubilee Celebrations, Convocations, & Talimi Mela programs, JMI, 1998, 2004-08.
10. Centre Supdt. Engineering Entrance Test 2003-09.
11. Member, Flying Squad, Annual Examinations, JMI, 1994-1996 & 2000-2004.
12. Dy. Proctor, Jamia Millia Islamia, 2002 - 04.
13. Assistant Superintendent of Exams, JMI, 1997-98 & 2003.
14. Student's Advisor, Psychology Department, JMI, 1997-99& 2001-2002.
15. President, Indoor Games, JMI, 2002- 09.
16. Program Officer, National Service Scheme, JMI, 1998 –2001.
17. Assistant Proctor, Jamia Millia Islamia, 1991 – 94.
18. Warden, MSWW Hostel, Jamia Millia Islamia, 1991-93.

MEMBERSHIP OF PROFESSIONAL SOCIETIES:

1. Life member Ethological Society, India
2. Life member Indian Science Congress Association, India
3. Life member Indian Association of Applied Psychology, India

4. Life member Psychological Studies, India
5. Life member Prachi Psycho-Cultural Association, India
6. Life member National Environment Science Academy, India
7. Life member Association of Clinical Psychologists, Delhi
8. Life member Indian Social Science Congress, India
9. Member International Association of Applied Psychology (IAAP)
10. Member International Association of Cross- Cultural Psychology (IACCP)
11. Member International Society of Political Psychology (ISPP).

Ph.D WORK SUPERVISED: 10

1. Sexual dysfunction in Iranian women: A psychosocial study (awarded in 2011).
2. Self esteem, Identity and mental health: A comparative study of Indian and Iranian adolescents (awarded in 2011).
3. Stress, mental health and coping among early and late adolescents (awarded in 2011).
4. Development of Identity in relation to ethnicity and ecology (awarded June 2010).
5. Prevalence of mental disorders among school children (awarded in January 2010).
6. Effect of arts and crafts program on creativity and adjustment among primary school children (awarded in December 2009).
7. Comorbidity between borderline personality disorder and ADHD among adults: A cross-cultural comparison (awarded in 2009).
8. Affectivity, daily hassles and coping among Coronary Heart Disease patients (awarded in 2007).
9. Organizational development in relation to quality of work life and managerial effectiveness: A comparative study of Maruti Udyog Limited and TELCO (awarded in 2003).
10. Employees perceived reactions towards organizational change with reference to occupational stress and certain biographical variables (awarded in 1993).

Ph. D WORK UNDER SUPERVISION: 07

M.A DISSERTATION & FIELD WORK SUPERVISION (1991-2009): 54

SEMINAR / CONFERENCE PARTICIPATION (National): 38

SEMINAR / CONFERENCE PARTICIPATION (International): 19

1. 12th International Symposium on the Contribution of Psychology to Peace Research on a theme “Divided Societies”, University of Cyprus, Nicosia, June 6-11, 2011
2. 5th International SIVUS conference on Mental Retardation, Nawab Nobab Ali Senate Hall, University of Dhaka, Bangladesh, October 14-16, 2009.
3. 3rd International Congress on Women’s Mental Health, Melbourne Convention Centre, Melbourne, Australia, March 17-20,2008.
4. International Conference on New trends in Psychological research, Department of Psychology, University of Punjab, Lahore, Pakistan, April 5-7, 2007.
5. Advanced Research and Training Seminar (ARTS) on “Stress, Health & Well-being in the Face of Major Trauma”, Athens, Greece, July 21-23, 2006.
6. 26th International Congress of Applied Psychology, Athens, Greece, July 16-21, 2006.
7. 9th International symposium on the Contributions of Psychology to Peace, sponsored by International Union of Psychological Science Committee for the Psychological Study of Peace, Portland State University, Portland, Oregon, USA, June 19-26, 2005.
8. 28th International Congress of Psychology (IACP), Beijing, China, August 8 – 15, 2004.
9. 8th World Congress of World Association for Psychosocial Rehabilitation, New York, USA, August 3-5, 2003.
10. Attended 8th Minnesota International Counseling Institute, University of Minnesota, USA, July 27- August 1, 2003.
11. Advanced Research and Training Seminar (ARTS) on “Emotion and Inter-cultural Adjustment, Singapore, July 12-14, 2002.
12. 25th International Congress of Applied Psychology, Singapore, July 7-12, 2002.
13. 27th International Congress of Psychology, Stockholm, Sweden, July 23-28, 2000.
14. International Conference on ‘Human resource development in this millennium’ AASTHA New Delhi, February 18-20, 2000.
15. 2nd Asian and 33rd IAAP International conference on “Developing human relations and

ethnic understanding”, Psychology Department, Hardwar, February 26-28, 1997.

16. 11th International conference of National Environmental Science Academy on ‘Sustainable development and environment’, Lady Barbourne College, Calcutta, March 15-17, 1996.
17. 13th Congress of International Association for Cross-Cultural Psychology (IACCP), Montreal, Qc, Canada, August 12-16, 1996.
18. 54th Annual Convention of International Council of Psychologists (ICP) Banff, Alberta, Canada, July 24-28, 1996.
19. 8th International conference of Pakistan Psychological Association, National Institute of Psychology, Quaide Azam University, Islamabad, October 8-10, 1991.

WORKSHOPS/REFRESHER COURSES/TRAINING PROGRAMS ATTENDED:

1. NACO Review Workshop on “HIV/AIDS Counselors’ Training Curriculum” DESH, Chennai, January 31-February 2, 2008.
2. NACO Dissemination workshop on “HIV/AIDS Counselors’ Training Curriculum” organized by IHBAS, Delhi, August 2-4, 2007.
3. Workshop on “Self Management Therapy for Depression”, International Union of Psychological Sciences, Athens, Greece, July 18, 2006.
4. First three-week refresher course in Environmental Studies (Interdisciplinary) organized by UGC-ASC, JMI, 19th September-8th October, 2005.
5. Workshop on “Training for Trainers in Counseling for HIV / AIDS” organized by DSACS, NACO, IIPA & IHBAS, Delhi, February 16-21, 2004.
6. Workshop on “Training of Trainers” organized by SNCWS, JMI & Gender Training Institute of Center for Social Research, Delhi, January 30, 2003.
7. Three-week Refresher Course in Psychology, UGC- ASC, Krukshtera University, Krukshtera, March 3 -23, 2000.
8. Workshop on “Environmental effects on health & symposium on noise pollution”, NESA, New Delhi, December 29-31, 1998.
9. 20th Orientation Course, UGC-ASC, JMI, New Delhi, May 1-25, 1993.
10. Workshop on "Conservation and use of primates in biomedical research" Central Drug Research Institute, Lucknow, January 2-3, 1992.

11. Workshop on “Population ecology and health” Department of Genetics, Barkatullah University, Bhopal, December 3, 1990- January 13, 1991.
12. Workshop on” Health monitoring of laboratory animals”, Central Drug Research Institute, Lucknow, February 27-28, 1990.

OTHER ACADEMIC ACTIVITIES:

1. Organized two day workshop on “Evidence based Psychotherapies: CBT & REBT”, March 5-6, 2011.
2. Organized one day workshop on “Treating Depression with Cognitive Behavior and Rational Emotive Behaviour Therapy”, March 4, 2011.
3. Organized one day workshop on “SPSS in Research and Data Analysis using SPSS 18.0”, December 7, 2010.
4. Organized three day Workshop on “Cognitive Behavioural Therapy”, November 20-22, 2010.
5. Director 12 Day Training in HIV/AIDS Counseling program organized for paramedical staff of Central Paramilitary Forces, Armed Forces, ICTC & STI counselors, sanctioned by NACO, Govt. of India, 2009.
6. Advisor to Interview Board, Staff Selection Commission, Govt. of India, New Delhi, 2001-2009.
7. Examiner of UG, PG, M.Phil & Ph.D courses in India and Universities in Bagladesh & Pakistan, 1990-2009.
8. Resource person in Training Program for “Prevention of HIV/AIDS in Central Police Forces” CISF 5th Battalion, GZBD, March 29, 2008.
9. Delivered talks/discussion on Radio & TV, 2004-08.
10. Organizing Secretary of 11th International & 42nd National Conference of IAAP on “Applied Psychology for Peaceful World, JMI, Delhi, February 15-17, 2007.
11. Academic Counselor in “Certificate in Guidance” course (IGNOU) JMI center, 2004-07.
12. Organized open forum discussions, lectures & workshops on women, mental health & career counseling topics for UG, PG students at JMI, 2004-07.
13. Provided consultancy in clinical/counseling Field Training to six students of Linkoping

University, Sweden, 2005-07.

14. Coordinator Urdu Translation work of “Psychology XI & XII Textbooks” under a joint project of NCERT & Media Coordinator, JMI, 2006-2007.
15. Resource person in UGC NET Workshops, 2003-2006.
16. Participated in a panel discussion on “Need of counseling for University students” organized by Psychology Department, JMI, March 29-30, 2006.
17. Acted as judge to evaluate research papers in “Counselors Meet” organized by AMITY, April 20, 2006.
18. Resource person in “Training for VCTC Counselors” JMI, September 24, 2006.
19. Co-Convener of DACP National workshop on “Techniques in Psychotherapy: A Multidimensional Approach”, ZHC, Delhi, December 23-27, 2006.
20. Delivered talk on “Women today-Indian Scenario”, University Women’s Association of Delhi, March 9, 2005.
21. Resource person for IAS / IPS Prelim & Main (Psychology) examinations, Jamia Study Circle, Jamia Hamdard, 1999, 2001-2 & 2004.
22. Resources person in Disaster Management program, DST, Delhi, 2004.
23. Keynote speaker in the inaugural session of national seminar on Psychological Implications of New Dimensions of Technological Development, Bhiwani, Haryana, February 22-23, 2002.
24. Member and one of the judges in WHO sponsored Essay Competition on Mental Health, New Delhi, February, 2001.
25. Developed curriculum of Post Graduate Diploma in Counseling Psychology, Psychology Department, Jamia Millia Islamia, 2001.
26. Moderator in the Question Bank Project on general intelligence and reasoning, Staff Selection Commission (Dept. of Personnel & Training), Government of India, New Delhi, October 7-8, 1999.
27. One day open forum discussion on “women in India: Issues of gender justice”, 1997.
28. Resource person in First & Fourth 3-week Refresher course in Education, Academic Staff College, Jamia Millia Islamia, 1996 & 1997.

RESEARCH PAPERS ABSTRACTED/ SEMINAR PRESENTATION: 38

RESEARCH PAPERS UNDER PUBLICATION: 04

RESEARCH PAPERS PUBLISHED: 24

1. "Cognitive domains and positive emotions" (with Sharma, M.) *PsyInsight*, 2010, 1, 1, 31.
2. "Political violence and peacebuilding in Jammu and Kashmir" chapter In C.J. Montiel and N. M. Noor (eds.), *Peace Psychology in Asia*, New York: Springer, 2009, pp.65-81.
3. "Hypocrisy or Maturity? Culture and context differentiation" (with Matsumoto, Yoo, Fontaine & et al), *European Journal of Personality*, 23, 2009, pp. 1-14.
4. "Culture, emotion regulation and adjustment" (with Matsumoto, Yoo, Fontaine & et al) *International Journal of Personality & Social Psychology*, 94 (6), 2008, pp. 925-937.
5. "Mapping Expressive differences around the world: the relationship between emotional display rules and individualism versus collectivism" (with Matsumoto et al) *International Journal of Cross Cultural Psychology*, 39, 2008, pp. 55-74.
6. "Making a difference: history, gender and identity" in a book on "Lessons from the lives of ten most dynamic women of Indian history" sponsored by National Commission for Women & JMI, Delhi, 2007 (in press).
7. Life satisfaction and helplessness in working and nonworking women in a book "*Understanding Women Behavior*" edited by A. Yadav, S. Sharma & N. R. Sharma New Delhi, Global Vision Publishing House, 2007, pp. 263-278.
8. "Community counseling: A proactive approach to health", *Psychology of Wellbeing*, edited by R. Singh, R & R. Shyam, Global Vision Publishing House: New Delhi, 2007, pp. 303-317.
9. "Family environment and self-image: A cross-cultural comparison", *Journal of Personality & Clinical studies*, 22, 2006, pp. 95-100.
10. "Managing mental health at workplace", *Prospects of Mental health*, edited by M. Bhargava & R. Raina, Bhargava House: Agra, 2006, pp. 224-232.
11. "Terrorism and conflict resolution in India", proceedings of symposium on the Contributions of Psychology to Peace, Portland University, Portland, Oregon, USA,

June 19-26, 2005.

12. "Organizational stress in working women, published in *Indian Psychological Review*, 61 (special issue), 2004.
13. "HRD in context of better organizational climate and culture", *Human Behavior & Organizational Excellence*, edited by M. Bhargava & S. Arora, Sunrise publications: New Delhi, 2004, pp. 96-106.
14. "Personality profiles of drug addicts and normal", *Journal of Personality & Clinical Studies*, 19, 2003, pp.23-34.
15. "Quality of work life and job involvement in bank employees", *Journal of Applied Psychology*, 28, 2002, pp. 63-68.
16. "Impact of terrorism on mental health and coping mechanisms of adolescents and adults in Kashmir, *Journal of Personality & Clinical Studies*, 18, 2002, pp. 33-41.
17. "Psycho-social aspects of Cyber Culture", *Psychological Implications of Information Technology*, edited by N. K. Chandel et al, Deep & Deep Publishers: New Delhi, 2002, pp. 49-64.
18. "Drug abuse and its management", *Trends in Clinical Diagnosis and Psychotherapy (Modern and Vedic)*, edited by C. P. Khokhar, 2001, pp. 42-53.
19. "Family and Sustainable Development", *Science and Culture*, 62, 1996, pp. 151-153.
20. "Environmental health: some general considerations", *Holistic Approach to Sustainable Development*, edited by P. Singh, 1995, pp. 15-121.
21. "Environment in Islamic perspective", *Psychology and Society in Islamic Perspective*, edited by M.G. Husain, 1995, pp 140-145.
22. "Effects of environment and age on Rhesus monkeys reactions towards human stranger and food", *Laboratory Animals India*, 2, 1993, pp 11-17.
23. "Psychological aspects of man's environment", *Indian Environment*, edited by P. Singh, 1992, pp 81-88.
24. "Responsiveness toward novelty in Urban and Forest reared rhesus monkeys of different age groups", *Perspectives on Primate Biology*, edited by P.K. Seth and S. Seth. 4, 1991, pp 111-116.
25. "Affiliative interaction patterns of adult and adolescent males in free ranging rhesus monkey groups", *Indian Anthropologist*, 20, 1990, pp 99-109