

CURRICULUM VITAE

Neha Sahni

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OBJECTIVE:

- To foster collaborative learning environments that prepare healthcare management students to work effectively in multidisciplinary teams, emphasizing communication skills, conflict resolution, and leadership development essential for managing diverse healthcare professionals and departments.
- To develop comprehensive understanding of healthcare delivery systems, policy frameworks, and regulatory compliance among students, enabling them to navigate complex healthcare environments and contribute to strategic decision-making in various healthcare settings.
- To instill principles of quality improvement, patient safety protocols, and evidence-based management practices, ensuring graduates can implement effective quality assurance programs and maintain high standards of care delivery in healthcare organizations.
- An aspiring team worker, hard working and dedicated professional to meet the various challenges posted in the field of the Physiotherapy department.
- A professional in the field of gerontology who could help the elderly in meeting the various challenges (mainly social and psychological) of growing age.
- In addition, proper dietary counseling and dietary modification to make each and every individual fit, healthy and in a state of good health.
- To make the efficient use of the institution resources and meet the various challenges in the field of administration of the institution.

PROFESSIONAL SKILLS:

- Strategic Planning and Organizational Management in Healthcare Settings ·
- Healthcare Information Systems and Electronic Health Records Management ·
- Risk Management and Patient Safety Protocol Development ·
- Healthcare Marketing and Public Relations Management ·
- Legal and Regulatory Compliance in Healthcare Sector.
- Knowledge regarding Healthcare Insurance Systems and Third-Party Administration ·

- Knowledge regarding Telemedicine and Digital Health Technologies Integration .
- Knowledge regarding Healthcare Supply Chain and Vendor Management .
- Knowledge of Performance Measurement and Key Performance Indicators (KPIs) in Healthcare .
- Knowledge regarding Medical Tourism and International Healthcare Standards .
- Knowledge of Public-Private Partnership Models in Healthcare Delivery.
- Knowledge of Emergency Preparedness and Disaster Management in Healthcare Facilities .
- Knowledge regarding Corporate Social Responsibility and Community Health Programs.
- Pre and post operative Physiotherapy after joint replacement
- Muscular skeletal and sports injuries & rehabilitation
- Taping techniques in sports injuries
- Ante-Natal and Post-Natal exercises
- Bronchial hygiene , chest physiotherapy
- Mobilization and Maitland techniques
- Neurology and Neurosurgical rehabilitation
- Cardio thoracic& critical intensive care unit
- Post-Stroke rehabilitation
- Weight Management
- Home care physiotherapy
- Knowledge regarding the impact of Globalization on healthcare.
- Knowledge regarding the changing scenario in healthcare, increased awareness, knowledgeable attendants' of the patients and hence the corresponding demands for the quality service by the patients.
- Knowledge regarding the need of Health Education to attain positive health.
- Knowledge of the various ways to calculate the financial measures of performance of the institution.
- Knowledge regarding the involvement of the hospital managers in key aspects likes business strategy, drafting reports, budget plans and so on.
- Knowledge regarding medical, social, psychological and nutritional (normal and therapeutic) needs of the elderly.
- Knowledge regarding policies and welfare schemes for senior citizens.
- Knowledge regarding built environment especially for elderly.
- Dietary plans and modification
- Knowledge regarding the use of SPSS Software used in research work.

ACADEMIC QUALIFICATIONS:

- UGC-NET (Subject-Management)-Category -2 cleared in examination held on September 2, 2024.
- Member of Delhi Council of Physiotherapy(Statutory Body Under Ministry of Health, Govt. of NCT of New Delhi)

EXAMINATION	BOARD/UNIVERSITY	PASSING YEAR	RESULT
Master in Hospital Administration	ICFAI University	2012	1 st Division
Bachelor of Physiotherapy	G.G.S.I.P.U	2005-2010	1 st Division
Certificate Course in Clinical Nutrition	VLCC	2010	1 st Division
Master in Physiotherapy	C.C.S. University	2013-2015	1 st Division
PG Diploma in Health and Social Gerontology	DELHI UNIVERSITY	2012	1 ST Division
XIIth	C.B.S.E.	2005	87.8%
Xth	C.B.S.E.	2003	91.2%

COMPUTER SKILLS:

- Internet, Knowledge of SPSS Software, JAMOVI Software etc
- Familiar with MS DOS, MS Windows
- Good working knowledge of MS Office

WORK EXPERIENCE:

- As “**Guest faculty**” in “Department of Hospital Management and Hospice Studies” in “Jamia Millia Islamia University”, New Delhi-25 since August 4, 2025.
- As “**Visiting Faculty**” in “Department of Hospital Management and Hospice Studies” in “Jamia Millia Islamia University”, New Delhi-25 from August, 2024 till May 2025.

- As “**Visiting Faculty**” in “Department of Hospital Management and Hospice Studies” in “Jamia Millia Islamia University”, New Delhi-25 from August, 2022 till December 2022.
- As “**Physiotherapist**” in “Centre for Physiotherapy and Rehabilitation Studies” “Jamia Millia Islamia University”, New Delhi-25 From December 22,2021 till June 30,2023.
- As “**Hospital Administrator**” in Warda Hospital, Shaheen Bagh From December 1, 2018 – March 19, 2020.
- As “**Physiotherapist cum Gerontologist**” in Sanjivani Hospital, Pocket 5, Near Living Style Mall, Jasola, New Delhi-25 From April 1, 2016 – November 30, 2018.
- As “**Gerontologist** (conducted Geriatric Workshops)” in N.G.O. Healthy Aging India on Charity Basis From July 1, 2013 – September 31, 2015.
- As “**Hospice Worker**”(Old Age Home-Gharunda Vridhashram, Mehrauli and Shanti Avedna Ashram, Safdarjung Enclave, Delhi) From July 1,2013- September 31,2015.
- As “**Physiotherapist**” in Sanjivani Hospital, Pocket 5, Near Living Style Mall, Jasola, New Delhi-25 From May 1,2012- May 31,2013.

PUBLICATIONS:

- Enhancing Quality of Life Through Physiotherapy in Palliative care: A Systematic Review of Evidence, Implementation Barriers, and Future Perspectives.
- No3221/IJPOT/2025
- To be published in Volume no.20 No.1. January- March 2026.

INTERNSHIP EXPERIENCE:

- In A.I.I.M.S Geriatric Clinic-From 29 September 2010 -10 November 2010-For Practical Exposure.
- PRERNA CLUB-Day Care Centre-For Children and Senior Citizens.
- In Delhi Institute of Rural Development for 120 days.
- Institute of Human Behavior and Allied Sciences, New Delhi: Six months from 29 October, 2009 to 28 April, 2010.

PROJECTS WORK ON:

- Impact assessment survey of the Maintenance and Welfare of Parents and Senior Citizens Act, 2007,under the guidance of Dr. Aabha Chaudhary, Chairperson of ANUGRAHA (NGO), Regional Resource Training Centre, New Delhi.

- A comparative study between. National Institute of Health Stroke Scale (NIHSS) and Canadian Neurology Scale (CNS) – Assessment of initial Stroke Severity.
- Rehabilitation in case of Thoracotomy

CLINICAL POSTING:

- AIIMS- Geriatric Ward in Delhi
- OPD in Delhi Institute of Rural Development
- Sanjay Gandhi Memorial Hospital, Mangol Puri
- Rajan Babu Institute of Medicine and Tuberculosis, Kingsway Camp
- Maharishi Balmiki Hospital, Putt Khurd
- Baba Saheb Ambedkar Hospital, Rohini, Sec. 7
- Kulachi Hansraj Model School, Special School - Manovikas Public School, Ashok Vihar.

WORKSHOP ATTENDED:

- 1 st Global C.A.P.S. March 2017
- On Ventilators
- PNF techniques
- Mobilization and Maitland techniques
- Wheelchair Prescription

PERSONAL PROFILE:

Name: Neha Sahni

Address: WZ 2037, Upper Ground Floor, Rani Bagh, Delhi-110034

Place: New Delhi

Languages known: English, Hindi

Gender: Female

Nationality: Indian

Marital Status: Married

CERTIFICATION

All the information given above by me is true to the best of my knowledge and understanding.

Date: -

Place: -.....

NEHA SAHNI