

Curriculum Vitae



Dr. Nasra Shabnam

Associate Professor

Office Address:

Department of Adult and Continuing Education and Extension

Faculty of Social Sciences

Jamia Millia Islamia

New Delhi-110025

Contact no.- +91 9871526552

Email- nshabnam@jmi.ac.in (Primary)

Educational Qualifications

- Ph.D. in Extension Education, from Jamia Millia Islamia (2002)
- M.Phil. in Education, from Jamia Millia Islamia (1995)
- M.Ed. from Aligarh Muslim University (1990)

Area of Specialization

- Development extension
- Extension education
- Non-formal education
- Adult education
- Lifelong education

Present and Past Professional Engagements

- Associate Professor in the Department of Adult and Continuing Education and Extension, Jamia Millia Islamia, New Delhi from 2018 onwards.
- Assistant Professor in the Department of Adult and Continuing Education and Extension, Jamia Millia Islamia, New Delhi from 2006 to 2018.
- Guest Lecturer in the Department of Adult and Continuing Education and Extension, Jamia Millia Islamia, New Delhi (2002-2006).

Ph.D.'s Supervised

- “An Impact Study of Vocational Training Programs Jan Shikshan Sansthan in Delhi” by Md. Rashid Hussain (September, 2020)
- “A Study of Effectiveness of Text and Voice SMS on Prenatal Care Behavior of Pregnant Women” by Sunita Sijwali (August, 2022)
- “Impact Assessment of Beti Bachao Beti Padhao Scheme at Gautam Budha Nagar, Uttar Pradesh” by Astha Gupta (April, 2024)

Ph.D.'s Under Supervision

- “An Evaluative Study of Skill Training Programs Conducted Under Pradhan Mantri Kaushal Vikas Yojana in Delhi” by Urooj Sabir
- “Women Empowerment through Self Help Groups: A Study of Muslim Women in Delhi” by Raunaque Fatma

Publications

Books:

- Shabnam. N. (2003). *Preschool Education and Underprivileged Children*, Sarup & Sarup Publications, New Delhi. ISBN-81-7625-425-8.
- Shabnam. N. (2007). *Minimum Levels of Learning: An Indian Experience*, Reference Book, P.77. Academic Excellence, New Delhi. ISBN-81-89901-05-2.
- Shabnam. N. (2013). *Non-Formal Education in India*, Academic Avenue/ excellence, New Delhi. ISBN - 97881-92 901800.

- Shabnam, N. (2021). Non-Formal Education for All. Global Books Organization. ISBN: 978-93-80570-19-8

Chapters in Edited Book:

- Shabnam, N. 'Skill Enhancement Program of Jan Shikshan Sansthan: An Opportunity for the Underprivileged in Skill India', Volume II, Women Empowerment, Jamil Ahmad (2018). Studium Press (India) Pvt. Ltd., New Delhi. ISBN: 978-9385046-41-4, Page 99-112.
- Shabnam, N. 'Education: An Agent of Social Change'. Role of Teachers in the Changing World. Dr. Shivpal Singh and Dr. R. K. Keshari, Utkarsh Prakashan, Delhi. (2019). ISBN: 978-93-87289-96-3, Page 64-69

Journal Articles:

- Shabnam, N. (2006). An Investigation into Pre – School Education and Cognitive Development. National Journal of Research in Education & Extension. 2 (3), Department of Continuing Education and Extension, Barkatullah University, Bhopal, June, 2006.
- Shabnam, N. (2011). Continuing Education for Neo Literates. Global Education, Society and Development – An International Journal of Academicians. 3 (No2) 30-33
- Shabnam, N. (2014). Non-Formal Education Under Various Nomenclatures in India. International Journal of Education Society and Development. 1(1) 12-22
- Shabnam, N. (2014). Development of Non-Formal Education Under Five Plans. Global Education Society and Development – An International Journal of Academicians. 6 (2) 52-67.
- Shabnam, N. (2014). Approaches to Non-Formal Education. International Journal of Management, Administration, Leadership & Education. 1(1) 87-91
- Shabnam, N. (2014). Adult Education and Development. International Journal of Education Society and Development. 1 (3) 7-11
- Shabnam, N. (2015). Life Long Education – An Alternative Approach. International Journal of Education Society and Development. 2 (1) 1-5.
- Shabnam, N. (2015). Adult Education and Life Long Learning. Indian Journal of Life Long Learning and Educational Guidance. 2 (1) 69-72.

- Shabnam, N. (2016). Barriers to Economic Development in Developing Countries. AITEA International Journal of Education and Humanities. 6 (11) 76 - 84.
- Shabnam, N. (2017). Development in India from Planning Commission to Niti Aayog. AITEA International Journal of Education and Humanities. 7(13) 64-71
- Shabnam, N. (2017). Implications of Prochaska's TTM Model for Behavioral Changes In Development Extension. Academic, Views & Reviews.7 (2) 99 - 103.
- Shabnam, N. (2018). Self Sufficient Rural Economy through Rural Industrialization. International Journal of Humanities and Social Sciences. 4 (2) 49-53.
- Shabnam, N. (2018). Role of Support to Voluntary Agencies Scheme in Promotion of Adult Education and Skill Development in India. Sanskruti: International Multidisciplinary Research Journal. Vol. 3. Issue III. Page No. 87-96.
- Shabnam, N. (2019). Inclusive Development Through Development of All. International Journal of Humanities and Social Sciences. 8 (15) 64-72.
- Shabnam, N. (2019). Sustainable Development Goals and inclusive development: An Overview. International journal of Humanities and Social Science, IJHSS. 5(2)
- Shabnam, N. (2019). Malcolm Knowles' Theory of Andragogy: Implications in Life Long Education. Page No. 344 -349. International Journal of Research and Analytical Reviews (IJRAR). Volume 6 Issue 2. https://ijrar.org/track.php?r_id=255396
- Shabnam, N. (2020). Extension and Sustainable Development. International journal of Humanities and Social Science, IJHSS. 6(1)
- Shabnam, N. (2021). Challenges for Open and Distance Learning Students: A Multidimensional Study. Page No. 01-22. February 2021. International journal of advanced multidisciplinary scientific research (IJAMSR) Vol. 4 Issue 2. Link DOI: <https://doi.org/10.31426/ijamsr.2021.4.2.4051>.
- Shabnam, N. (2021). A Scientific implementation of lifelong education and sustainable goals. Janmat Power Research Journal. Volume 7(2) Page no 93-104.
- Shabnam, N. (2021). Sustainable Rural Development During the Period of COVID -19 and Role of Social Work. International journal of literacy and Education. Vol. 1 Issue (2). Page No. 156 - 160.

- Shabnam, N. (2021). Understanding Sustainable Development Goal 4: Targets and Indicators. International journal Multidisciplinary Trends Vol. 3 Issue (2). Page No.192-195.
- Shabnam, N. (2021). A systematic Review of Adolescent Girls' Management of Menstrual Hygiene in Indian Schools. International Journal of Applied Research. Vol. 7 No. (10). Page No. 260-267.
- Shabnam, N. (2021). Migration to Gulf Countries and its Impact on Socio - Economic Development of Rural Areas in Meerut, UP. International journal of Advanced Academic Studies. Vol. 3 Issue (4). Page No.247-249.
- Shabnam, N. (2021). An Implementation of New Education Policy 2020 and Pandemic Challenges in India. Elementary Education Online (Online Journal Vol. 20 Issue (1).
- <http://www.ilkogretim-online.org/?mno=118991>. ISSN: 1305-3515. Page No. 7465-7479.
- Shabnam, N. (2021). An Analytical Study on Role of Women Leaders in Urban Local Governance. Elementary Education Online (Online Journal) Vol. 20 Issue (4). <http://www.ilkogretim-online.org/?mno=118994>. ISSN: 1305-3515. Page No. 4263-4274.
- Shabnam, N. (2022). National Education Policy: COVID-19 and its challenges. DCRC GlobaLense: A Journal of Social Science Research. ISSN: 2584-2951
- Shabnam, N. (2022). Role of Life Enrichment Education of Jan Shikshan Sansthan in Changing the Attitude of Women In Delhi. Indian Journal of Adult Education. 83 (1) 136-149.

e-Content (e- PG Pathshala Project, UGC):

- Historical Perspective of Planning in India. September, 2017
(<https://ebooks.inflibnet.ac.in/aep04/chapter/historical-perspective-of-planning-in-india/>)
- Role of Planning Commission. September, 2017
(<https://ebooks.inflibnet.ac.in/aep04/chapter/role-of-planning-commission/>)
- Process of Developing Five Year Plans in India. September, 2017
(<https://ebooks.inflibnet.ac.in/aep04/chapter/process-of-developing-five-year-plans-in-india/>)
- Organizational structure and Process of Planning at Various Levels. September, 2017
(<https://www.youtube.com/watch?v=QZlu3ZkgHbc>)

Academic and Administrative Responsibilities Handled within the University

- Subject Associate (Student Advisor) of the Department.
- Member of Board of Studies (BOS) of the Department
- Member of the Departmental Research Committee.
- Member of Field Work Moderation & Viva- Voce Board.
- Coordinator, NAAC, DACEE, JMI
- Coordinator of Field Work First Year MA/MSc Development Extension.
- Invigilation duties in the Department and at university level.
- Question paper setting of mid-term and end-term Examination papers of MA/MSc Development Extension and Ph. D Extension Education.
- Evaluation of answer scripts of mid-term and end-term Examination papers of MA/MSc Development Extension and Ph. D Extension Education.
- Moderation of Practical work of MA/MSc Development Extension.
- Coordinator, Development Intervention Experience (DIE) I & II, DACEE, JMI
- Facilitated and supervised MA/MSc Development Extension students to conduct Community survey for completion of their objectives of DIE - I & II
- Visited and coordinated with Non-Governmental Organizations (NGOs) for Concurrent Fieldwork.
- Coordinated Community Talks and Extension Lectures in the communities conducted by students of MA/MSc Development Extension students.
- Guide MA/MSc Development Extension students for awareness campaigns under their field work.
- Field Visits to supervise Field Work and Community work and NGOs visits to coordinate, monitor and supervise the students placed in different Non-Governmental Organizations.
- IQAC Nodal Officer of the Department.
- Member of Admission Committee for MA/MSc Development Extension.
- Member of the Purchase Committee of the Department.
- Member of the Time Table Committee for MA/MSc Development Extension.
- Assistant Superintendent, in conducting university Exams.
- Organized poster making competition on Water Conservation under 'Jal Shakti Abhiyan' on 4th September 2019 in the Department of Adult & Continuing Education & Extension.

- Mobilized students to celebrate 'Swachhta Pakhwada' and held a 'Rally' on 12th September, 2019 in the community.
- Delivered Community Extension Lecture on 14th September 2019 in the Community.
- Organized Orientation, Refresher and Farewell programs.
- Admission letters of four Ph.D. Research Scholars.
- Progress record of the Research Scholars in RAC, DRC and BOS Reports.
- Ph.D. thesis submission letter of the Scholar Mohd Rashid Hussain Submitted on 25/09/2020.

Courses Undertaken

- MA/MSc Development Extension (Second Semester) Paper No. VI, Extension Teaching-Learning Process
- MA/MSc Development Extension (Fourth Semester) Paper No. XX, Non - Formal Education
- Individual Conference with MA/MSc Development Extension (DIE -II, Second Semester)
- Individual Conference with MA/MSc Development Extension (CFW - II, Fourth Semester)
- Field Work supervision MA/MSc Development Extension (DIE -II, Second Semester)
- Field Work supervision MA/MSc Development Extension (CFW - II, Fourth Semester)
- MA/MSc Development Extension (First Semester) Paper No. I, Understanding Development
- Development MA/MSc Development Extension (Third Semester) Paper No. XII, Theories of Planned Change and Development
- MA/MSc Development Extension (First Semester) Practical Work, practice of Group Extension Methods
- Individual Conference with MA/MSc Development Extension (DIE -I -First Semester)
- Individual Conference with MA/MSc Development Extension (CFW - I Third Semester)
- Field Work supervision of MA/MSc Development Extension (DIE -I First Semester)
- Field Work supervision of MA/MSc Development Extension (CFW - II Fourth Semester)
- Integrated M Phil/ Ph. D Extension Education, Paper No. IV, Rural Development in India

Papers presented

- Paper Presented on Migration to Gulf Countries and its Impact on Socio - Economic Development of Rural Areas in Meerut, UP, 7th – 8th March, 2018 at a Two-Day International Conference on Migration Diaspora and Nation Building: Opportunities and Challenge Organized by the UGC- Human Resource Development Centre, Jamia Millia Islamia, New Delhi.
- Paper Presented on Skill Enhancement Program of Jan Shikshan Sansthan: An Opportunity for the Underprivileged, 10th -11th March, 2018 at ICSSR Sponsored National Seminar Organized by Department of Economics, AMU Aligarh in collaboration with IEA.
- Paper Presented on Education: An Agent of Social Change. April 28th – 29th, 2018 at 2nd International Conference on Role of Teachers in the Changing World organized by Dewan Institute of management Studies, Meerut, UP.
- Paper Presented on Skill Development in India: Policies, Achievements And Challenges, 17th &18th August, 2018 at UGC Sponsored A Two Day National Seminar Organized by the Department Of Commerce, The Bhopal School of Social Sciences, Barkatullah University, Bhopal.
- “Role of Self-Help Groups in Women Empowerment in Rural India” on Nov. 27 – 29, 2018 at 63rd All India Adult Education Conference, organized by Indian Adult Education Association, New Delhi and the DLLE, University of North Bengal.
- “Inclusive Education for Inclusive and Sustainable Development” at the National Conference on Education: Crises & Sustainability Mission for a Better World on 1st November 2019 organized by Institute of Vocational Studies, IP University, & SCERT, Delhi.
- “The Impact of Lifelong Learning Programs on Women Empowerment” at the National Conference on Distance and Open Learning: Challenges and Opportunities in Present Scenario on 10 -11 February 2020 Organized by Centre of Distance and Open Learning, Jamia Millia Islamia, New Delhi.
- “A Study of Women Learners’ Attitude Towards Open and Distance Learning System” in an Online International Conference on Distance Education and Educational Technology on 10 - 11 December 2020 Organized by Centre for Distance and Online Education, Jamia Millia Islamia, New Delhi.

- “Challenges for Open and Distance Learning Students: A Multidimensional Study” in an Online International Conference on Innovations in Engineering Science, Arts and Humanities (ICIESAH - 2021) on 28th February 2021 on Organized by International Academic Research Forum.
- “A Scientific Implementation of Life Long Education and the Sustainable Goals” in an Online International Multidisciplinary Conference on Research Methodology in Social Sciences - in Higher Education System in India on 25th July 2021 Organized by Janmat Power Research Foundation and Publication. Social Work & Welfare Association.
- “Rural Development & Social Work: Improving the Quality of Life in Rural Areas” in an Online National Conference on Social Work in Rural Societies: Reflections in Methods and Practice on 26th & 27th August 2021 Organized by Tata Institute of Social Sciences (TISS) Tuljapur Campus.
- “Entrepreneurship Education of Jan Shikshan Sansthan and Empowerment of Women” in the National e-Conference Entrepreneurship Education: Building Job Creators on 29th October, 2021 Organized by Institute of Vocational Studies, GGS IP University, Delhi.
- “Role of Women in Urban Local Governance” at MS Gore Centenary online National Conference on Exploring Grassroots Governance in India Held at Tata Institute of Social Sciences During 18 - 20th December, 2021 Organized by School of Development Studies, Mumbai.
- “Entrepreneurship, education, and training of Jan Shikshan Sansthan and attitude of women” (2022) at A two-day IQAC enabled and ICSSR – SRC sponsored online national seminar on women empowerment in the time of COVID-19 crisis, organized by women, Self-defense training Centre with department of education, Annamalai University, Tamil Nadu.
- “Local leadership and political participation: hope of women empowerment” (2022) at National conference on learning (NCL) 2022, organized by the department of education at Lady Irwin College, University of Delhi, New Delhi.
- “Street children and Hunger: Effects of Poverty” (2022) at National conference on agriculture, environment and sustainable development in India: post-independence scenario organized by Department of geography, Faculty of science, Aligarh Muslim University, Aligarh.

- Delivered lectures for M.C.D. School teachers refresher training programs as a resource person.

Seminars/ Workshops Organized

- Conducted workshops and training programs for Master trainers and teachers.
- Prepared and used teaching learning modules for training of Master trainers and teachers.

Trainings, Workshops, Webinars & Faculty Development Programs attended

- Participated in a refresher course on ‘Research Methodology and Recent Developments’ in the field of Adult Education in India and overseas from December, 03.12.2003. Conducted by International Institute of Adult & Life Long Education, New Delhi.
- Participated in the Faculty Development Program on the theme “Research Skills Development” held from 22nd to 28th March, 2018 organized by Institute of vocational studies, GGS Indraprastha University and SCERT, Delhi.
- Participated in the short-term course on personality development, leadership and ethics from 23rd October to 29th October, 2018 at Centre for professional development in higher education, HRDC, university of Delhi, Delhi.
- Participated in Academic Publishing & Enhancing Research Effectiveness program organized by Dr Zakir Husain Library, Jamia Millia Islamia on 9th June, 2020.
- Participated in National Webinar on Women and Nation Building- Issues and Challenges on International Women’s Day on 8th March, 2021.
- Two-Week Refresher Course in Disaster Management (Interdisciplinary) organized by UGC-HRDC, Jamia Millia Islamia, New Delhi from 20th December 2021 to 3rd January 2022.
- Participated in a two-day National Workshop on Content of Teaching Learning Material and Assessment under New India Literacy Program (NILP) held on 6th and 7th February, 2023 organized by the Department of school education and literacy, Ministry of education, government of India.
- Participated in the NPE 2020 Orientation & Sensitization Program under Malaviya Mission Teacher Training Program (MMTTC -TTP) of University Grants Commission (UGC) Organized by MMTTC, Jamia Millia Islamia, New Delhi from 05th November to 14th November 2024.