

## RESUME

Name	Dr. Zeba Jafri
Designation:	Professor
Office Address:	Dept. of Periodontology, Faculty of Dentistry, JMI, New Delhi
Email	zjafri@jmi.ac.in
Contact number	9990847379
Field of Specialization	Periodontics

### Teaching Experience

Job Title	Employer	From	To
Senior lecturer	Kothiwal dental college, Moradabad, U.P.	18/12/08	01/06/10
Assistant professor	Faculty Of Dentistry, Jamia Millia Islamia, New Delhi.	03/06/11	30/08/14
Associate Professor	Faculty Of Dentistry, Jamia Millia Islamia, New Delhi.	01/09/14	30/08/18
Professor	Faculty Of Dentistry, Jamia Millia Islamia, New Delhi.	01/10/19	Till date

### Academic Qualifications (From Highest Degree to High School):

Examination	Board / University
MDS (Periodontics)	King Georges Medical College, Lucknow
BDS	King Georges Medical College, Lucknow.
12 <sup>th</sup>	AMU, Aligarh
10 <sup>th</sup>	Bishop Johnson school &college, Allahabad

### Awards/Fellowships/Associateships etcs.

- Certificate of honors' and a Gold medal during BDS course
- 1<sup>st</sup> prize in scientific paper presentation, 42<sup>nd</sup> National Conference, Indian Society of Periodontology, Kolkata, November 26, 2017.

### Research Projects and Schemes undertaken

1. Vestibular deepening with diode laser in conjunction with periodontal flap surgery
2. Comparison of Aloevera, Chlorhexidine and placebo mouthwash on de novo plaque formation –A Randomized, Double Blind, Cross Over study.
3. Periodontal diseases and systemic conditions – awareness amongst medical practitioners.
4. Awareness and Perception of Soft skill Competencies in Indian Dental Under Graduates-A cross sectional survey based study
5. A study of Knowledge, attitude and perception regarding COVID 19 vaccination and identifying the reasons for vaccine hesitancy (if any) amongst the dentists.

**Workshops/Conferences/Seminars Organized (as Chairman/ Convenor / Co-Convenor)**

<b>Title of Workshops/ Conferences/ Seminars</b>	<b>Date (s)</b>	<b>Organized by</b>	<b>Venue</b>
ISP-Listerine Lecture Series-2013	19/11/2013	Indian Society Of Periodontology	CIT-FTK, JMI
Public health awareness programme	12/03/14- 13/03/2014	Jamia Millia Islamia	Ansari auditorium, JMI
CDE on Discovering Periodontology and Amalgamating Periodontology with other specialities.	7/12/2016.	Faculty of Dentistry, Jamia Millia Islamia	Ansari auditorium, JMI
Workshop on “Merging Specialized Practice with General Dentistry”	11/10/17- 12/10/17	Faculty of Dentistry, Jamia Millia Islamia	Ansari auditorium, JMI
CDE “Periodontal Regeneration”	6/03/2018	Department of Periodontology, Faculty of Dentistry, Jamia Millia Islamia	Faculty of Dentistry, JMI
National Undergraduate Convention in Oral Medicine & Radiology	1/12/2018	Department of Oral medicine and Radiology, Jamia Millia Islamia	M.A. Ansari Auditorium, Jamia Millia Islamia, New Delhi
Oral Hygiene Day Program	01/08/2019	Faculty of Dentistry, Jamia Millia Islamia	Faculty of Dentistry, JMI
North Zone Orthodontic PG. Convention	27/09/2019- 29/09/19	Faculty of Dentistry, Jamia Millia Islamia	CIT-FTK, JMI

Oral Hygiene Day 2020	04/08/2020	Faculty of Dentistry, Jamia Millia Islamia	Online Event
Oral Hygiene Day 2021	02/08/2021	Faculty of Dentistry, Jamia Millia Islamia	Faculty of Dentistry, JMI
world oral health day	15/03/2022	Faculty of Dentistry, Jamia Millia Islamia	Faculty of Dentistry, JMI
Dentacon 2	22/01/22- 23/01/2022	Faculty of Dentistry, Jamia Millia Islamia	Online Event
Workshop cum seminar on Art and Science of Crafting Standout Orthodontic Research	02/12/2022 - 03/12/2022	Faculty of Dentistry, Jamia Millia Islamia	CIT-FTK, JMI
International conference on nanotechnology: Opportunities and challenges	28/11/22- 30/11/22	Department of Nano technology, Jamia Millia Islamia	Online Event
CDE on Oral Hygiene Day	01/08/2023	Faculty of Dentistry, Jamia Millia Islamia	Faculty of Dentistry, JMI
Workshop on Soft Skills In Dental Practice	06/12/2023	Faculty of Dentistry, Jamia Millia Islamia	Faculty of Dentistry, JMI
World Oral Health Day	34/03/24	Faculty of Dentistry, Jamia Millia Islamia	Faculty of Dentistry, JMI
Workshop on Soft Skills In Dental Practice	05/12/2024	Faculty of Dentistry, Jamia Millia Islamia	Faculty of Dentistry, JMI

### Membership of Learned/Scientific Societies

Type of Membership (Member/Life Member Any other)	Organization
Life member	Indian society of Periodontology
Life member LM 559	Indian society of Prosthodontics, Restorative and Periodontics

### Publications

Author(s)	Title of Paper	Journal	Volume, Issue, Pages	ISSN no	Year
Dr. Zeba Jafri, Dr. CS Saimbi, Dr. MA Khan, Dr. Nandlal, Dr. S Kaushal	A new approach for increasing the width of attached gingival by modified apically repositioned flap.	Journal of Pierre Fauchard Academy	Vol 23, 59-66	0970-2199	2009
Dr. KK Chaubey, Dr. VK Arora, Dr. Rajesh K Thakur, Dr. IP Singh, Dr. Zeba Jafri	High frenum: real culprit or a poor scapegoat – a diagnostic challenge	Journal of Indian dental association	Vol 4 Issue 1, 15-18	2248-9231	2010
Dr. VK Arora, Dr. KK Chaubey, Dr. Sameer Gupta, Dr. Zeba Jafri, Dr. IP Singh, Dr. Shalini Gupta	Effect of non-surgical therapy on GCF Aspartate aminotransferase levels in chronic periodontitis.	Indian Journal of dental sciences	Vol 2 Issue 2, 40-46	0976-4003	2010
Dr. VK Arora, Dr. KK Chaubey, Dr. Rajesh K Thakur, Dr. IP Singh, Dr. Zeba Jafri	Role of adipokines as biological markers in periodontal disease	Journal of advance research in biological sciences	Vol 2, Issue1, 188-122	2319-9326	2010
Dr. Nirwal Anubha, Dr. Chaubey K.K. , Dr. Arora Vipin, Thakur Rajesh K., Dr. Jafri Zeba, Dr. Narula Inderpreet S.	Frenectomy combined with a laterally displaced pedicle graft	Indian Journal of dental sciences	Vol 2 Issue 2, 47-51	0976-4003	2010
Dr.Nafis Ahmad, Dr.Musharib Ahmed and Dr.Zeba Jafri	“Efforts to meet esthetic requirements in anterior fixed partial denture”	Heal Talk-A Dental journal	Vol 3 Issue 4, 24-26	0975-6329	2011

Dr. IP Singh, Dr. KK Chaubey, Dr. VK Arora, Dr. Rajesh K Thakur, Dr. Zeba Jafri	Implanto-gingival complex: An indispensable junctional complex for the clinical success of an implant	Journal of dental implants	Volume 2 Issue 2, 110-114	0974-6781	2012
Dr.Nafis Ahmad, Dr.Musharib Ahmed and Dr.Zeba Jafri	Aesthetic consideration in selection of teeth for complete denture patient – a review.	Annals of dental speciality	Vol. 01, issue 01, page 4-7	2347-2022	2013
Deepika Shukla, Deepika Bablani , Aman Chowdhry, Zeba Jafri , Nafis Ahmad and Shashwat Mishra	Oral Health Status and Dental Caries Experience in Mentally Challenged Individuals	Annals of Public Health and Research	Vol 1 issue 2 Pg 1-5	2378-9328	2014
Zeba Jafri, Nafis Ahmad, Nishat Sultan, Ashu Bhardwaj	Diode Laser Assisted Lingual Frenectomy: A Case Series.	International Journal of Laser Dentistry	September-December 2014; 4(3)	ISSN No 2249-5614	2014
Sultan N, Jafri Z, Sawai M, Bhardwaj A	Role Of Media In Oral Health	Indian Journal Of Stomatology	5(4)	ISSN 2229306 X	2014
Nafis Ahmad, Nadeem Yunus, Zeba Jafri.	Etiology and management of gag reflex in prosthodontic clinic: A Review	International Journal of Oral Health dentistry	Vol 1(1) Pg 25-28		2015
Zeba Jafri, Nafis Ahmad, Deepika Shukla	Diode laser for treatment of peripheral giant cell granuloma	Journal of dental laser	Vol 9 Issue 1.	ISSN no. 2321-1385	2015
MA Sawai, A Bhardwaj, A Daing, Z Jafri, N Sultan.	Knowledge and attitude of medical practitioners towards periodontal	Annals of Applied Bio-Sciences	2 (4): pg 121-126	ISSN: 2349-6991	2015

	diseases in New Delhi: A questionnaire based study.				
Jafri Z, Bhardwaj A, Sawai M, Sultan N.	Influence of female sex hormones on periodontium: A case series	Journal of Natural Science, Biology and Medicine.	6:S146-9	0976-9668	2015
M. A. Sawai, A. Bhardwaj, Z. Jafri, N. Sultan, A.Daing.	Tooth polishing: The current status	J Indian Society of Periodontology	19(4),375-380	Print - 0972-124X	2015
Anika Daing, Madhuri Alankar Sawai, Ashu Bhardwaj, Zeba Jafri, Nishat Sultan	The Plaque Inhibitory Effect of Aloe Vera Mouthrinse in A Four Day De Novo Plaque Formation Model-A Randomized, Double Blind Crossover Study	IOSR Journal of Dental and Medical Sciences (IOSR-JDMS)	15 (1), 92-97	2279-0861	2016
Zeba Jafri, Nafis Ahmad.	Conservative management of Amlodipine induced gingival enlargement: A Clinical Report	International Journal of Oral Health Dentistry	2(2):123-125	2395-4914	2016
Harneet kaur, Zeba Jafri, Anika Dang, Nafis Ahmad.	Progressive spacing of incisors and Miller's Class II gingival recession with anterior tongue thrust treated with proper alveolar root housing and autogenously gingival grafting	IOSR Journal of dental and medical sciences	15 (7), 69-74	2279-0861	2016
Bhardwaj A, Sultan N, Sawai M, Jafri Z	A novel single-step surgical technique for vestibular deepening using laser in	Journal of Indian Society of Periodontology .	Nov;20(6):647	0972-124X	2016

	conjunction with periodontal flap surgery.				
Z Jafri, N Ahmad	Treating Multiple Gingival Recessions by Pouch and Tunnel Connective Tissue Graft Technique	Indian Journal of Dental Education	9 (3), 189-91	0974-6099	2016
Bhardwaj A, Jafri Z, Sultan N, Sawai M, Daing A.	Periodontal flap surgery along with vestibular deepening with diode laser to increase attached gingiva in lower anterior teeth: A prospective clinical study	Journal of natural science, biology, and medicine.	Jan;9(1):72	0976-9668	2018
Anika Daing, Zeba Jafri, Ashu Bhardwaj, Madhuri A. Sawai, Nishat Sultan.	Periodontal lesion associated with deep bite: Report of three cases.	International journal of oral health dentistry.	4(1)	2395-4914	2018
Sawai MA, Jafri Z, Sultan N, Daing A, Chawla K..	Comparison of pyogenic granuloma excision using scalpel, electrosurgery and diode laser.	International Journal of Oral Health Dentistry.	4(2):114-7	2395-4914	2018
Jafri, Z., Sultan, N., Ahmad, N. and Daing, A,	An infrequent clinical case of mucosal fenestration: Treated with an interdisciplinary approach and regenerative therapy	Journal of Indian Society of Periodontology	23(2),168	0972124 X	2019
Z Jafri, R Noor, N	Knowledge, Awareness, and	Journal of Nepal Dental	19 (2), 5-9	2091-0142	2019

Ahmad, F Sayeed	Practice of Interdental Aids and its Significance in Improving Quality of Life in Patients with Prosthetic Crowns and Proximal Restorations-A Survey.	association			
N Ahmad, Z Jafri, M Sawai, N Sultan	Responsibilities borne by a dental health professional towards public dental health education and awareness	International Journal of Oral Health Dentistry	5 (3), 166- 167	2395- 4914	2019
Z Jafri, N Ahmad, M Sawai, N Sultan, A Bhardwaj	Digital Smile Design-An innovative tool in aesthetic dentistry	Journal of oral biology and craniofacial research	10 (2), 194- 198	2212- 4268	2020
N Ahmad, Z Jafri, ZH Khan	Evaluation of nanomaterials to prevent oral Candidiasis in PMMA based denture wearing patients. A systematic analysis	Journal of oral biology and craniofacial research	10 (2), 189- 193	2212- 4268	2020
N Sultan, Z Jafri, M Sawai, A Bhardwaj	Minimally invasive periodontal therapy	Journal of oral biology and craniofacial research	10 (2), 161- 165	2212- 4268	2020
N Ahmad, Z Jafri, A Khan, ZH Khan	Nanomaterials: A Windfall to Dentistry	Emerging Trends in Nanotechnolog y	83-101	978-981- 15-9903- 3	2021
MA Sawai, P Sharma, Z Jafri, N Sultan	Diode laser in the excision of intraoral fibroma: A safe tool for minimally	Indian Journal of Case Reports	7 (3), 75-78	2454- 129X	2021

	invasive dentistry				
MA Sawai, A Bhardwaj, Z Jafri, N Sultan, A Daing	Single-step surgery for treating chronic periodontitis and increasing the width of keratinized gingiva in Mandibular Anterior Region: A case report	Journal of the International Clinical Dental Research Organization	13 (1), 63-67	2231-5357	2021
K Chawla, M Sawai, Z Jafri, N Sultan, A Bhardwaj, S Singh, M Kaur	Impact of COVID-19 pandemic on the utilization of OPD services of a tertiary dental care centre in New Delhi, India	IP International Journal of Periodontology and Implantology	7 (3); 110-112, 2022	Print ISSN No:- 2581-9836 Online ISSN No:- 2457-0087	2022
Sawai M, Chawla K, Jafri Z, Sultan N, Singh S, Bhardwaj A	Utility of teledentistry during Covid -19 pandemic: Experience of a tertiary dental care hospital in New Delhi	International Journal of Scientific Research	11 (5): 62-64, 2022	2277 - 8179	2022
Sultan N , Mohammad Faisal , Jafri Z, Sawai M, Bhardwaj A.	Painless osteoid osteoma over anterior hard palate: A case report and review of literature	Journal of the International Academy of Periodontology	24,4,362-66	2518-3745	2022
Jafri Z, Ahmad N	Global Research Trends on Nanohydroxyapatite Use in Dentistry-A Bibliometric Analysis. r	International Journal of Nanomaterial & Molecular Nanotechnology	6 (1): 156		2024
K Chawla, MA Sawai, A Bhardwaj, Z Jafri, N Sultan	Prevalence of Periodontitis Based on the American Academy of	Journal of Indian Association of Public Health Dentistry	1;22(1):59-65.	2319-5932	2024

	Periodontology and European Federation of Periodontology 2017 Classification Scheme in Patients Visiting a Tertiary Care Center in New Delhi–An Epidemiological Study				
Zeba Jafri , Anuradha Sharma , Ashu Bhardwaj , Nishat Sultan , Madhuri Sawai , Kirti Chawla	Bridging the Soft Skills Gap in Indian Dental Education: A Cross-Sectional Study of Student Competencies	International Journal of Enhanced Research in Medicines & Dental Care	Vol. 11 Issue 12, December 2024	ISSN: 2349-1590	2024

**Paper presentations/Invited talk/Chair in Conferences/Workshops/Symposia:**

Author	Title	Organized by	Venue	Year
Zeba Jafri	Presentation on “Nanocrystalline Hydroxyapatite bone graft material – characteristics and applications in Dentistry”	National conference on nanotechnology, NCNRE-14	Ansari auditorium , JMI, new delhi	2014
Zeba Jafri	Presentation on “Alveolar Distraction Osteogenesis for vertical ridge augmentation”	International conference of dental specialities	I.T.S centre for Dental studies and research, Muradnagar, Gaziabad	2014
Zeba Jafri	Presentation on “Treating gingival recession by Pouch and Tunnel Connective tissue graft technique”	7 <sup>th</sup> Annual National Conference of ISPRP	Bhopal	2014

Zeba Jafri	Presentation on “Influence of Female Sex hormone on periodontium – Case presentation and management”	39 <sup>th</sup> ISP national conference	Birla science and technology centre, Jaipur, Rajasthan	2014
Zeba Jafri	Presentation on “An array of public dental health education and training: efforts put forward”	International conference on “Public Health Infrastructure in Transition: Challenges and A Way Forward”	Department of social work, Jamia millia Islamia, New Delhi	2015
Zeba Jafri.	Presentation on “Mucogingival surgery for a post orthodontic treated patient to improve esthetics”	28 <sup>th</sup> ISDR conference, I.T.S centre for Dental studies and research, in association with International association of dental research and Indian society for dental research	I.T.S centre for Dental studies and research, Muradnagar, Gaziabad	20 <sup>th</sup> Nov 2015
Zeba Jafri	Chairperson of a Scientific Session	28th ISDR conference, I.T.S centre for Dental studies and research, in association with International association of dental research and Indian society for dental research	I.T.S centre for Dental studies and research, Muradnagar, Gaziabad	20th Nov 2015
Zeba Jafri.	Presentation on “High sugar intake: Indirect risk factor to periodontal diseases”	International symposium, Is Sugar the New Tobacco?- Oral Health Perspective, Centre for Dental Education and Research, AIIMS, New Delhi	India Habitat Centre, New Delhi	11 <sup>th</sup> November 2016.
Zeba Jafri.	Presentation on “An infrequent clinical case of Mucosal fenestration treated with multidisciplinary	42 <sup>nd</sup> National Conference, Indian Society of Periodontology	Kolkata	November 24- 26, 2017.

	approach and Regenerative therapy”			
Zeba Jafri	Chairperson of a Scientific Session	42 <sup>nd</sup> National Conference, Indian Society of Periodontology	Kolkata	November 24- 26, 2017.
Zeba Jafri	Presentation on “Digital Smile Design: An innovative Tool in Aesthetic Dentistry”	JTA CON-2020 organised by Jamia Teachers Association, Jamia Millia Islamia, New Delhi	Jamia Millia Islamia	18/02/2020
Zeba Jafri	Presentation on “Comprehensive Periodontal therapy or Implants?”	45th ISP National Conference (virtual) organized by Indian Society of Periodontology	Pune (Online)	22/10/21
Zeba Jafri	Speaker on “Be proud of your mouth”	“World Oral Health Day” organized by Indian Society of Perioodntology and Faculty of Dentistry, Jamia Millia Islamia, New Delhi	Faculty of Dentistry, Jamia Millia Islamia, New Delhi	20/03/2022
Zeba Jafri	Guest Speaker on “Perio-esthetics- A new dimension of magnificence”	Continuing Dental Education by KDRC, Moradabad, UP.	Kothiwal Dental College and Research centre, Mordabad	15-06-2022
Zeba Jafri	Chairperson of a Scientific Session	International conference on nanotechnology: Opportunities and challenges(ICNOC-2022), Faculty of engineering and technology, Jamia Millia Islamia, New Delhi	Online conference	28-30 November 2022
Zeba Jafri	Presentation on “Global Research Trends on Nano-Hydroxyapatite Use in Dentistry- A Bibliometric Analysis”	International conference on nanotechnology: Opportunities and challenges(ICNOC-2022), Faculty of engineering and technology, Jamia Millia Islamia,	Online conference	28 /11/2022

		New Delhi		
Zeba Jafri	lecture on the topic “Standard Operating Procedures for managing Gingivitis and Periodontitis Cases”	Oral hygiene Day organized by Indian Society of Periodontology, Faculty of Dentistry, Jamia Millia Islamia, New Delhi	Faculty of Dentistry, Jamia Millia Islamia	01/08/2024
Zeba Jafri	Chairperson of a Scientific Session	International conference on renewable energy and sustainable technologies (ICREST 2024)	Department of Applied sciences and humanities, Faculty of engineering and technology, Jamia Millia Islamia, New Delhi	4-6 July 2024

**Other Duties undertaken:**

1. Member of Website committee
2. Member of NAAC committee,
3. Member of Mentorship Committee
4. Departmental Store Incharge
5. Conducted BDS final Year exams in Various colleges as External examiner
6. Conducted BDS final Year exams in Faculty of Dentistry, JMI as Internal examiner
7. Reviewer in National Board of Examination, Delhi
8. Reviewer in various national and international journals.