

जामिया योग परिक्रमा

”नियमित योग स्वस्थ जीवन का संयोग”

(A35 Days Campaign Organized By: Department of Sanskrit, JMI)

As part of the nationwide celebration of the International Day of Yoga – 21/06/2025, Jamia Millia Islamia is organizing a special initiative titled योग परिक्रमा, under the guidance of the Hon’ble Vice Chancellor and in alignment with the Ministry of AYUSH. This initiative seeks to promote holistic health, mental well-being, and mindful living among all sections of the university community.

Jamia Yoga Parikarma' Campaign

First Session on 16th May 2025 at J&K Girls Hostel







