## Office of the Chief Public Relations Officer Jamia Millia Islamia

## Press Release

## JMI celebrates National Sports Day 2025 to mark the birth anniversary of the legendary hockey player Major Dhyan Chand

New Delhi, September 3, 2025

The Games & Sports Department, Jamia Millia Islamia celebrated the "National Sports Day (NSD)-2025" from 29<sup>th</sup> August to 31<sup>st</sup> August, 2025 to commemorate the Birth Anniversary of Major Dhyan Chand – legendary Hockey Player of India and the Wizard of Hockey. This year's theme reflects our shared commitment to building a healthy, inclusive and active India through the power of sports with NSD-2025 Tagline:

## "Ek Ghanta Khel Ke Maidan Mein"

On this occasion a number of activities/events were organized at Jamia Millia Islmia from 29<sup>th</sup> August to 31<sup>st</sup> August, 2025. On 31<sup>st</sup> August, 2025 'Sunday on Cycle' event was organized for both the teaching and non-teaching staff of the university. Prof. Mazhar Asif, the Hon'ble Vice-Chancellor of Jamia Millia Islamia, took part in the event. The cyclists pedalled for approximately half an hour to promote health, chanting the slogan "Major Dhyan Chand Ji ki Yaad Me Ek Ghanta Khel Ke Maidan Mein" throughout the ride. The cycling commenced promptly at 7:00 A.M. from the Centenary Gate (Gate No.13) of the university, proceeded to the Faculty of Law, made a round towards the Faculty of Engineering & Technology, and then returned to the Centenary Gate (Gate No.13).

Prof. Mazhar Asif, Vice Chancellor, Jamia Millia Islamia emphasized the significant impact of India's most celebrated sports figure, Major Dhyan Chand, famously referred to as the Magician of Hockey. Prof. Asif urged both the teaching and non-teaching personnel of the University to adopt a healthy lifestyle by engaging in sports and fitness activities to combat obesity.

Prof. Md. Mahtab Alam Rizvi, the Registrar of JMI, commended the initiatives undertaken by the Games & Sports Department to facilitate sporting and fitness events in celebration of National Sports Day-2025. He highlighted the importance of physical exercise in everyday life for maintaining a fit and healthy lifestyle.

Prof. Nafis Ahmad, Honorary Director of Games & Sports at Jamia Millia Islamia, presented a concise report regarding the observance of National Sports Day-2025. He

encouraged the staff to promote a healthy work-life balance and sustainable living by engaging in sports and fitness activities.

On the 29th and 30th of August, 2025, a Volleyball Tournament and a Cricket Tournament were held for both the Teaching and Non-Teaching Staff of the university.

Earlier, on 29th August 2025, the Major Dhyan Chand Inter-School Hockey Tournament was announced for students of Jamia School. An Orientation Programme was held for the School Sports Students at the Multi-Purpose Hall of Jamia Senior Secondary School. A lecture on the Fit India Mission was presented by the Honorary Director of Games & Sports at Jamia Millia Islamia, also at the Multi-Purpose Hall of Jamia Senior Secondary School.

Prof. Saima Saeed Chief Public Relations Officer

















