

**JMI Researchers shines at International Conference of Cardiovascular Sciences
2026**

New Delhi, February 27, 2026

Researchers from Jamia Millia Islamia (JMI) have brought laurels to the university after receiving prestigious awards at the International Conference of Cardiovascular Sciences 2026, held at the Hamdard Institute of Medical Sciences and Research (HIMSR), New Delhi, from February 5 to 7. The conference, organised under the aegis of the International Academy of Cardiovascular Sciences (IACS), drew leading scientists and clinicians from India and abroad to discuss the latest developments in heart and vascular research.

Working under the supervision of Prof. Mohammad Zahid Ashraf, the JMI team earned multiple recognitions for their research presentations. Dr. Raishal Safdar and Dr. Shafa Khan were conferred the **Prof. N. S. Dhalla Award** for their Poster Presentations, while Mr. Mohd Yasir Khan received the **Prof. N. S. Dhalla Oral Presentation Award**.

Dr. Raishal Safdar's award-winning research explored the therapeutic potential of *6-Shogaol*, an active compound found in ginger, in reducing thrombosis (blood clot formation). Dr. Shafa Khan's study examined how low-oxygen conditions (hypoxia) trigger inflammation and metabolic changes in cells, offering deeper insights through advanced cellular and genetic analyses. Mr. Mohd Yasir Khan's research highlighted how a hypoxia-responsive long noncoding RNA (lncRNA) influences changes in blood vessel cells that may lead to increased clot formation.

Congratulating the awardees, JMI Vice Chancellor Prof. Mazhar Asif praised the researchers for their achievement and emphasised the importance of sustained mentorship and institutional support in fostering high-quality scientific research. The recognition underscores Jamia Millia Islamia's growing contribution to cutting-edge research in cardiovascular diseases and underscores the contributions of early-career researchers to these fields.


