

Office of the Chief Public Relations Officer
Jamia Millia Islamia

Press Release

Malaviya Mission Teacher Training Centre, JMI, concludes its six-day short term programme on 'Health, Care and Well-Being'

New Delhi, January 15, 2026

The Malaviya Mission Teacher Training Centre (MMTTC), Jamia Millia Islamia (JMI), New Delhi, successfully organised a Six-Day Online Short-Term Programme on "Health, Care and Well-Being" from 5th to 10th January 2026. Over the span of six days, the programme saw enthusiastic participation from 75 participants representing 20 Indian states, ranging from central and state institutions to deemed and private universities, from across 45 different disciplines.

The programme began with the welcome address by Prof. Kulwinder Kaur, Honorary Director, MMTTC who introduced and thanked the Prof. Azra Abidi, Head, Department of Sociology, and Mr. Martin Kamodang, Assistant Professor, Department of Sociology, Jamia Millia Islamia, for accepting her invitation to jointly coordinate the programme. Prof Kaur also shared a profile of the participants and thanked them for choosing MMTTC, JMI to undertake this programme. Prof Azra Abidi, the main Coordinator and curator of the programme shared the vision for the course and outlined the themes to be covered in the forthcoming 24 sessions. The inaugural address was delivered by Prof. Sanghmitra Acharya Sheel of Jawaharlal Nehru University that outlined the overall theme of achieving "Health for All" in alignment with the Sustainable Development Goals.

The programme brought together eminent academicians, public health experts, medical professionals, and social scientists from leading institutions across the country. It aimed at fostering interdisciplinary engagement on health, care, and well-being by integrating sociological, psychological, policy-oriented, ethical, and cultural perspectives by bringing together professional speakers from diverse backgrounds. Prof. Mohammad Akram (AMU) made a PPT presentation on multiple interdisciplinary approaches to health and health care; Prof. Rajib Dasgupta (JNU) gave insights on qualitative research methods in health studies, and Dr. Anup Chakraborty talked about care as a social practice and how it was shaped by ethics and public policy.

The programme thoughtfully engaged with several critical themes in health care. The session on Health Care Resources was addressed by Dr. Abhijit Dam, National President, National Association of Palliative Care for AYUSH, who highlighted the importance of

holistic care in low-resource settings. This was complemented by Dr. Saurabh Sharma from Jamia Millia Islamia, who provided valuable insights into the Indian health care system.

The theme of Social Structure in Health Care was addressed by Dr. Nishi Kalra, MTP Ortho, who reflected on health care through the lenses of caste, class, gender, and religion. Prof. R. Nalini from Pondicherry University discussed issues related to disability and health care, while Dr. K. M. Ziyauddin from MANUU expressed deep concern for the health challenges faced by marginalized communities. The sessions on Technology and Health Care were delivered by Prof. Zubia Vaqar, JMI, who spoke on the interface of technology, artificial intelligence, and ethics in health and care. Prof. Tarika Sandhu from Punjabi University, Patiala, further enriched the discourse by addressing mindful scrolling and well-being in the digital world.

Other themes related to mental health, ageing, and the future direction of health care were presented by Prof. Naved Iqbal from Jamia Millia Islamia, Prof. Nishi Pulugurtha from B. N. Kesab Chandra College, Kolkata, and Dr. Jugul Kishore from Safdarjung Hospital, offering thoughtful perspectives on emerging challenges and pathways ahead. The programme saw active engagement of the participants, who made online group presentations to showcase their learning and ideas on health care. They also submitted rigorous assignments, took an MCQ test as part of the evaluation process as laid down by UGC.

The programme concluded with a valedictory address by Prof. Mala Kapur Shankardass, an eminent authority on the subject of health and ageing from University of Delhi. It was followed by feedback, discussion, and reflections by all on the future directions in health care and well-being. The successful conduct of the programme reaffirmed MMTTC Jamia's commitment to interdisciplinary scholarship, academic capacity building, and socially responsive approaches to health and well-being. The programme concluded with the formal vote of thanks by Dr. Shahla Tarannum on behalf of the MMTTC team.

Prof. Saima Saeed
Chief Public Relations Officer

Admin, MMTTC

Admin, MMTTC

HP

Debjit Baruah

Adnan Shakeel

Vijay Bahuguna



Sanghmitra Acharya



Prof. Azra Abidi



Prof. Kulwinder Kaur, Hony Director, MMTTC, JMI



Martin

Participants

Q m		
	Martin (Co-host)	
	MAFUZA YASMIN	
	MANOJ KUMAR SHARMA	
	MD MOHIUDDIN	
	MD WASI AKHTAR	
	Muzafar Ahmad Dar	
	Dr. Mirza Juned Beg	
	Dolly V. Muanching	
	Prof Kulwinder Kaur, Hony Direc... (Co-host)	
	Amrinder kaur	
	Admin, MMTTC (Co-host, me)	
	Admin, MMTTC (Host)	
	Hemraj	
	Nimitt Raj Sharma	
	Shamima Khandaker	

Invite

Mute all

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Mindful Scrolling : Staying Well in a Digital World

Prof. Tarika Sandhu
Dept., of Psychology
PUP

Admin, MMTTC

Prof. Azra Abidi

Admin, MMTTC

Dr. Sujata Tiwale

Lt. Dr. CHILUKOTI NA...

Dr. Sujata Tiwale

Mafuza Yasmin

Dr. Shahla Shab...

Mafuza Yasmin

Dr. Shahla Shabeeh S...

DR. DOLLY V MUANG

Dr. Tarika Sandhu

Devika P

Devika P

Dr. Arpit Rayal

Nabamita De

Martin

Jawaid Rahmani

Dr. Amanpreet K...

Jawaid Rahmani

Dr. Amanpreet Kaur

Dr. Kanika Grover

MD MOHIUDDIN


MD MOHIUDDIN

Bipul Kumar Ra...


Adnan Shakeel

Bipul Kumar Rabha

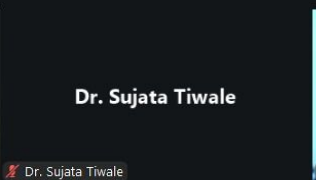
Adnan Shakeel




Prof. Azra Abidi



Admin, MMTC




Dr. Sujata Tiwale



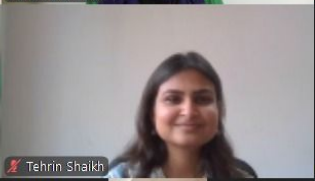
Dr. Shahla Shabeeh Shaheen, AMU



Dr. Swetha Antony




Supriya Jha




Tehrin Shaikh




Dr. Lubna Javed



Sonia Lohia



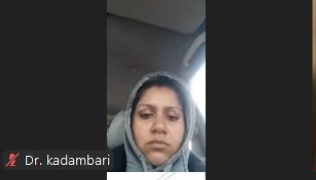
DR. SANJAY ONKAR INGOLE



Muzafar Ahmad Dar



Nimitt Raj Sharma



Dr. kadambari



Dr. A. P. Payal




Jawaid Rahmani



Hemraj




Aiysha



Adnan Shakeel




MANOJ KUMAR SHARMA



Lt. Dr. CHILUKOTI NAGARAJU



Dr. kanika grover



MUZAFAR AHMAD DAR



Dr Akhter Hussain Bhat




MARUZA YASMIN



Dr. Mirza Juned Beg




Audio



Video



Participants




Chat




React



Share




Host tools




AI Companion




Meeting info



Screen share



Record



More



End

Windows taskbar showing the Start button, Search bar, and several application icons (Edge, File Explorer, Chrome, Teams, OneDrive, Zoom, Word). The system clock shows 17:08 on 10/01/2026.

Public Health Uses of AI



Dr. A. P. Payal

Admin, MMTTC

Admin, MMTTC



Dr. Siddiqui Hasan

MAFUZA YASMIN

MAFUZA YASMIN



Zubia Veqar

Prof. Azra Abidi

Prof. Azra Abidi

Dr. Sujata Tiwale

Dr. Sujata Tiwale



Lt. Dr. Chilikoti Naresh

Shamima Sultan...

Shamima Sultana Kha...

Participants

Find a participant

AM	Admin, MMTTC (Host, me)	
ZV	Zubia Veqar (Co-host)	
AM	Admin, MMTTC (Co-host)	
PA	Prof. Azra Abidi (Co-host)	
DR	DR. RUPJYOTI DUTTA	
AR	Aarthi Rashmi	
BK	Bipul Kumar Rabha	
C	Charu	
DS	Devika Sabari	
DV	Dolly V. Muanching	
D-	Dr. : Amrinder Kaur	
DA	Dr Akhter Hussain Bhat	
DA	Dr Asif Umar	
	Dr. A. P. Payal	
DD	Dr. Debajit Baruah	
DF	Dr. Fathima Adeela Beevi TKS	
DK	Dr. Kadambari	
	Dr. Kanika Grover	
DR	Dr. Razdha Parveen	
DS	Dr. Sanjay Onkar Ingole	

Invite

Mute all

