

Faculty of Dentistry celebrates World Health Day

New Delhi, April 9, 2026

The Faculty of Dentistry, Jamia Millia Islamia, organized a guest lecture titled- titled "Hidden Sugars and the Burden of Non-Communicable Diseases in India" on the occasion of World Health Day, which is celebrated around the world on 7th April 2026. The programme was conducted as part of the capacity-building initiatives under Project CORE which stands for Community Focused Oral Health Research for Equity and funded by the NIHR Global Health Group on Oral Health.

The programme began with a welcome address by the Dean, Faculty of Dentistry, Jamia Millia Islamia, Prof. Nadeem Yunus, who emphasized the importance of evidence-based practice and the interconnectedness of oral and systemic health. The Dean highlighted the growing burden of NCDs, accounting for nearly 74% of global deaths, and stressed the role of hidden sugars as a key modifiable risk factor. The address underscored the responsibility of dental professionals in early detection, patient education, and preventive care.

This was followed guest lecture by Ms. Reema Dutta, Public Health Nutritionist, PhD Scholar (Public Health), Dr. B.R. Ambedkar University Delhi. She provided valuable insights into the hidden sources of sugars in daily diets and their implications for health. The lecture encouraged critical reflection on dietary habits and emphasized behaviour change and awareness as key strategies in NCD prevention.

The programme concluded with a vote of thanks by Prof. Bushra Karim, who expressed sincere gratitude to the guest speaker, organizing team, faculty members, and students for their active participation and support in making the session successful. Participants appreciated the engaging lecture and interactive activities, which helped enhance understanding of the impact of hidden sugars on oral and general health and reinforced the importance of preventive and evidence-based practices.

Various other academic activities such as e-poster competition and a photography competition were organized for the students and interns of Faculty of Dentistry. These activities received enthusiastic participation, and winners were felicitated by the Dean, F/o Dentistry. Appreciation was extended to the judges for their valuable contribution in evaluating the entries.





The whole programme was conducted under convenorship of Prof. Abhishek Mehta, with coordination of Prof. Aditi Verma and Prof. Bushra Karim, from Public Health Dentistry, Faculty of Dentistry, ensuring smooth organization and enthusiastic engagement throughout the session.

Prof. Saima Saeed
Chief Public Relations Officer



CORE
NIHR National Institute for Health and Care Research

Faculty of Dentistry, Jamia Millia Islamia
Celebrates
World Health Day
on 7 April, 2026
Time : 02:00pm to 04:00pm
Venue: Library Hall, Faculty of Dentistry

 Chair Person Prof. Mahesh Kumar Rishi Vice Chancellor, JMI	 Patron Prof. Mahesh Kumar Rishi Patron, JMI	 Chair Person Prof. Siddhesh Parmar Dean, Faculty of Dentistry	 Co-ordinator Prof. Siddhesh Parmar Faculty of Dentistry	 Ms. Ramea Datta Public Health Postgraduate PhD Scholar (Public Health), Dr. B.B. Ambedkar University Delhi
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Program Co-ordinators: Prof. Aditi Verma, Prof. Suchra Karan, Dr. Nikhat Parveen, Dr. Barsha Priya Deka
JMI cordially invites you to join us for an initiative dedicated to health awareness and positive lifestyle choices.









