

Office of the Chief Public Relations Officer
Jamia Millia Islamia

**JMI's Centre for Jawaharlal Nehru Studies, Jamia Millia Islamia organizes
Extension Lecture on 'Drug Awareness for Nasha Mukht Bharat'**

New Delhi, August 13, 2026

In the lead-up to the 78th Independence Day celebrations, the Centre for Jawaharlal Nehru Studies (CJNS) at Jamia Millia Islamia organised an insightful extension lecture titled 'Drug Awareness for Nasha Mukht Bharat' on August 12, 2026. The event was held under the institutional guidance and patronage of the Honourable Vice Chancellor and Chief Patron, Prof. Mazhar Asif, alongside the Patron, Prof. Md Mahtab Alam Rizvi, Registrar, JMI. The primary objective of the session was to sensitise the university community to the growing perils of substance abuse and to advocate for informed, health-conscious decision-making among the youth.

The session was chaired by Prof. Bharti Sharma, Honorary Director of CJNS, and convened by Dr Etee Bahadur. The proceedings commenced with a formal welcome address delivered by Mamatha G., followed by an opening contextual remark by research scholars from the Centre.

The keynote speaker, Ms Astha Singh, representing the non-profit organisation Drug Free World, delivered a comprehensive address unpacking the physiological, psychological, and social dimensions of chemical dependency. She critically addressed how contemporary pop culture, cinema, and digital media trends frequently romanticise drug culture, contributing to the spread of dangerous misinformation among young demographics. Ms Singh presented clinical insights into the severe physical toll of chronic substance abuse, specifically focusing on hepatic dysfunction, severe metabolic disruption, and the lethal realities of overdosing, while debunking persistent myths surrounding drug tolerance. Crucially, the talk underscored that early evidence-based awareness, structured rehabilitation pathways, and personal goal-setting serve as the strongest defences against addiction.

The lecture engaged faculty members and research scholars from various university departments, leading to a dynamic question-and-answer session on societal intervention models and campus-level preventive strategies. Prof. Bharti Sharma, Dr Etee Bahadur, and Prof. Velayutham Saravanan provided synthesising remarks on the deliberations, expressing their appreciation to the speaker for delivering an actionable, youth-centric address aligned with national anti-drug initiatives. The programme drew to a formal close with a vote of thanks delivered by Azka Ali Khan, Research Scholar at CJNS.


